

**\*Ask Questions\***  
**[www.irnchat.com](http://www.irnchat.com)**



**Center of Light Radio**

Guest: Dr. John C. Robinson

1  
00:00:12,000 --> 00:00:26,140  
[Music]

2  
00:00:28,570 --> 00:00:26,570  
you

3  
00:00:29,170 --> 00:00:28,580  
[Applause]

4  
00:00:36,640 --> 00:00:29,180  
you

5  
00:00:37,510 --> 00:00:36,650  
[Music]

6  
00:00:41,180 --> 00:00:37,520  
[Applause]

7  
00:00:45,230 --> 00:00:41,190  
[Music]

8  
00:00:45,240 --> 00:00:48,810  
and

9  
00:00:48,820 --> 00:01:04,020  
[Music]

10  
00:01:08,830 --> 00:01:06,490  
welcome to the center of light radio

11  
00:01:11,260 --> 00:01:08,840  
with spiritual teacher intuitive

12  
00:01:13,840 --> 00:01:11,270  
musician composer and best-selling

13  
00:01:16,060 --> 00:01:13,850

author of the Divine Principle anchoring

14

00:01:18,639 --> 00:01:16,070

heaven on earth your host Keith

15

00:01:19,990 --> 00:01:18,649

Anthony Blanchard coast-to-coast potahto

16

00:01:22,090 --> 00:01:20,000

all around the world on the internet

17

00:01:23,680 --> 00:01:22,100

thanks to the Marvel of Technology I'm

18

00:01:25,090 --> 00:01:23,690

coming at you live from a literal guest

19

00:01:26,260 --> 00:01:25,100

house in Memphis Tennessee this is Keith

20

00:01:28,270 --> 00:01:26,270

Anthony Blanchard you're listening to

21

00:01:31,810 --> 00:01:28,280

the center of light radio senator Devine

22

00:01:34,900 --> 00:01:31,820

unfoldment and reinforcements radio for

23

00:01:36,990 --> 00:01:34,910

the soul and the transformation station

24

00:01:39,190 --> 00:01:37,000

a couple of mountains from the quick

25

00:01:40,779 --> 00:01:39,200

metaphysics returns to Memphis August

26

00:01:42,600 --> 00:01:40,789

5th and 6th at the Agricenter

27

00:01:44,230 --> 00:01:42,610

International with the Memphis

28

00:01:45,910 --> 00:01:44,240

metaphysical fair the Memphis

29

00:01:48,070 --> 00:01:45,920

metaphysical fair will play host to

30

00:01:49,870 --> 00:01:48,080

psychic mediums tarot card readers

31

00:01:53,020 --> 00:01:49,880

crystal and stone heroes and vendors

32

00:01:56,859 --> 00:01:53,030

it's got a Native American motif motif

33

00:01:59,529 --> 00:01:56,869

motif paranormal investigating in 20

34

00:02:00,760 --> 00:01:59,539

workshops over the two days august 5th

35

00:02:03,130 --> 00:02:00,770

and 6th Agricenter

36

00:02:06,130 --> 00:02:03,140

international Memphis from 10 a.m. to 6

37

00:02:07,510 --> 00:02:06,140

p.m. \$10 for one day adult past 16 for

38

00:02:09,729 --> 00:02:07,520

both get a little deal right there

39

00:02:12,580 --> 00:02:09,739

military discounts available children

40

00:02:14,289 --> 00:02:12,590

under 12 or free workshops range from

41

00:02:15,940 --> 00:02:14,299

zero to ten dollars vending booths are

42

00:02:19,150 --> 00:02:15,950

still available go to Memphis

43

00:02:22,740 --> 00:02:19,160

metaphysical calm for more information I

44

00:02:26,170 --> 00:02:22,750

will be giving a two-hour presentation

45

00:02:27,940 --> 00:02:26,180

there on radical transformation I'm

46

00:02:30,640 --> 00:02:27,950

going to go inside of you so to speak

47

00:02:32,080 --> 00:02:30,650

collectively and find ways to open you

48

00:02:33,640 --> 00:02:32,090

up so you can see the bigger picture

49

00:02:35,890 --> 00:02:33,650

we're going to pop open your awareness

50

00:02:38,920 --> 00:02:35,900

trust me I can do this I am confident in

51  
00:02:40,449 --> 00:02:38,930  
what I can do about that and the rest of

52  
00:02:42,400 --> 00:02:40,459  
the presentation is going to be about

53  
00:02:44,830 --> 00:02:42,410  
empowering you with the information so

54  
00:02:47,440 --> 00:02:44,840  
you can begin to live dwell and be in

55  
00:02:49,840 --> 00:02:47,450  
that space all the time and you will see

56  
00:02:51,670 --> 00:02:49,850  
yourself and your awareness expand it's

57  
00:02:55,210 --> 00:02:51,680  
not that hard it's not rocket science

58  
00:02:57,550 --> 00:02:55,220  
it's like lifting your you know you lift

59  
00:02:59,170 --> 00:02:57,560  
weights to create body mass you start

60  
00:03:00,640 --> 00:02:59,180  
expanding your awareness mass and then

61  
00:03:02,380 --> 00:03:00,650  
it begins to grow it begins to expand

62  
00:03:03,729 --> 00:03:02,390  
and next thing you know you become very

63  
00:03:05,770 --> 00:03:03,739

endowed with the rareness you can see

64

00:03:08,020 --> 00:03:05,780

with your ears trust me you know seeing

65

00:03:09,970 --> 00:03:08,030

is not necessarily with the eyes a blind

66

00:03:12,820 --> 00:03:09,980

man once said that it doesn't require

67

00:03:14,800 --> 00:03:12,830

bit a sight to climb Mount errors Evers

68

00:03:16,990 --> 00:03:14,810

it requires vision

69

00:03:18,820 --> 00:03:17,000

pretty powerful but yet simple profound

70

00:03:21,130 --> 00:03:18,830

idea

71

00:03:24,190 --> 00:03:21,140

Memphis metaphysical fair all the skip

72

00:03:26,170 --> 00:03:24,200

and fix this divine man right here if

73

00:03:29,190 --> 00:03:26,180

you watch in the video swansea this

74

00:03:31,420 --> 00:03:29,200

really is coming back to Memphis in

75

00:03:34,540 --> 00:03:31,430

September and I have the opportunity

76  
00:03:38,920 --> 00:03:34,550  
blessed opportunity to interview him for

77  
00:03:40,839 --> 00:03:38,930  
the third time his tour title the theme

78  
00:03:43,000 --> 00:03:40,849  
for this year is healing the earth by

79  
00:03:44,920 --> 00:03:43,010  
purifying the waters so I'm going to ask

80  
00:03:47,199 --> 00:03:44,930  
some pretty big powerful questions from

81  
00:03:49,180 --> 00:03:47,209  
a God realized man hopefully we can

82  
00:03:51,009 --> 00:03:49,190  
bring some information back to singers

83  
00:03:53,080 --> 00:03:51,019  
like radio but also the interview with

84  
00:03:54,580 --> 00:03:53,090  
Swansea but through the questions I'm

85  
00:03:57,400 --> 00:03:54,590  
going to put him if the theme is

86  
00:03:59,559 --> 00:03:57,410  
purifying the earth a healing earth but

87  
00:04:01,479 --> 00:03:59,569  
purifying the waters then it makes sense

88  
00:04:04,120 --> 00:04:01,489

to me I should be asking questions about

89

00:04:07,170 --> 00:04:04,130

Fukushima it makes sense to me I should

90

00:04:11,740 --> 00:04:07,180

be asking questions about the supposed

91

00:04:13,390 --> 00:04:11,750

oil spout in the Gulf of Mexico but the

92

00:04:15,309 --> 00:04:13,400

BP oil spill that have is it really

93

00:04:17,979 --> 00:04:15,319

capped what can we do about these kinds

94

00:04:19,840 --> 00:04:17,989

of things so these are the questions I'm

95

00:04:21,400 --> 00:04:19,850

going to be put into Swansea this really

96

00:04:22,690 --> 00:04:21,410

he'll be here in September and I'm

97

00:04:26,190 --> 00:04:22,700

pretty sure we're going to be able to

98

00:04:29,740 --> 00:04:26,200

video interview which is going to be

99

00:04:31,420 --> 00:04:29,750

absolutely cool and when you around a

100

00:04:33,490 --> 00:04:31,430

divine man like this it's not something

101  
00:04:36,070 --> 00:04:33,500  
to be said me telling you about it

102  
00:04:38,650 --> 00:04:36,080  
really soils and Sully's the experience

103  
00:04:40,840 --> 00:04:38,660  
he around someone like that who is that

104  
00:04:45,640 --> 00:04:40,850  
illuminates my god

105  
00:04:47,320 --> 00:04:45,650  
that's exactly what it's a normal quick

106  
00:04:48,580 --> 00:04:47,330  
message out in it pass we suggest here

107  
00:04:50,050 --> 00:04:48,590  
on center of light radio go too soon of

108  
00:04:52,300 --> 00:04:50,060  
light radio calm on the opening page

109  
00:04:54,100 --> 00:04:52,310  
you'll see a flying saucer when that

110  
00:04:55,810 --> 00:04:54,110  
flying saucer settles down you'll see a

111  
00:04:58,000 --> 00:04:55,820  
donate button we're trying to raise

112  
00:05:00,969 --> 00:04:58,010  
money well most are go to get Kenneth

113  
00:05:02,350 --> 00:05:00,979

path to Arizona when he was a kid he was

114

00:05:04,390 --> 00:05:02,360

on a camping trip and he went hiking

115

00:05:05,920 --> 00:05:04,400

with some other kids and a few adults

116

00:05:08,379 --> 00:05:05,930

and they were picked up by aliens have

117

00:05:10,080 --> 00:05:08,389

brought back 10,000 years I know this

118

00:05:12,300 --> 00:05:10,090

sounds far-fetched I know it does I

119

00:05:16,300 --> 00:05:12,310

believe the guy I I do

120

00:05:17,920 --> 00:05:16,310

brought back 10,000 years and if anybody

121

00:05:19,930 --> 00:05:17,930

out there is familiar with prophecy rock

122

00:05:22,480 --> 00:05:19,940

those pictures those petroglyphs you see

123

00:05:23,980 --> 00:05:22,490

on that rock that's Kenneth he says

124

00:05:26,500 --> 00:05:23,990

that's me coming out of the ship with

125

00:05:28,570 --> 00:05:26,510

the other kids and the adults while he

126  
00:05:29,950 --> 00:05:28,580  
was away for quite a few years and when

127  
00:05:31,659 --> 00:05:29,960  
is brought back is brought back to his

128  
00:05:34,059 --> 00:05:31,669  
present moment as if they never left

129  
00:05:36,490 --> 00:05:34,069  
while he was away one of the aliens

130  
00:05:38,020 --> 00:05:36,500  
pissed him off so he hid a piece of

131  
00:05:40,119 --> 00:05:38,030  
their technology somewhere in Arizona

132  
00:05:42,459 --> 00:05:40,129  
and he wants to take a bus ride because

133  
00:05:43,540 --> 00:05:42,469  
can it was a very very simple guy and I

134  
00:05:45,939 --> 00:05:43,550  
think our goal was like five hundred

135  
00:05:49,300 --> 00:05:45,949  
dollars to get him to and fro Arizona so

136  
00:05:50,800 --> 00:05:49,310  
he can go find where he hid this thing

137  
00:05:53,649 --> 00:05:50,810  
and bring it to the Hopi and to the

138  
00:05:55,330 --> 00:05:53,659

Pueblo because that is the responsible

139

00:05:57,249 --> 00:05:55,340

people and they would know what to do

140

00:05:59,890 --> 00:05:57,259

with it or how to protect and guard it

141

00:06:01,930 --> 00:05:59,900

keep it safe and secret and so with the

142

00:06:03,959 --> 00:06:01,940

gig is when Kenneth comes back he's

143

00:06:06,249 --> 00:06:03,969

gonna tell us all about his journey

144

00:06:09,399 --> 00:06:06,259

doing that thing and that's come here

145

00:06:12,689 --> 00:06:09,409

for the show ah let's just get right

146

00:06:14,469 --> 00:06:12,699

down the center of light radio business

147

00:06:16,510 --> 00:06:14,479

make sure you down eight eight eight

148

00:06:18,640 --> 00:06:16,520

nine one nine two three five five it's

149

00:06:20,170 --> 00:06:18,650

triple eight nine one nine two three

150

00:06:24,820 --> 00:06:20,180

five five if you want to talk to myself

151  
00:06:27,369 --> 00:06:24,830  
or my dear bro phenomenal human being

152  
00:06:30,309 --> 00:06:27,379  
I've been ringing my hands again waiting

153  
00:06:32,649 --> 00:06:30,319  
to talk to my friend mr. John C Robison

154  
00:06:34,450 --> 00:06:32,659  
he is a clinical psychologist with the

155  
00:06:37,240 --> 00:06:34,460  
second doctrine in ministry and ordained

156  
00:06:40,540 --> 00:06:37,250  
in a faith minister the author of the

157  
00:06:43,149 --> 00:06:40,550  
siddhis nine books and numerous articles

158  
00:06:46,659 --> 00:06:43,159  
on the psychology spirituality and

159  
00:06:50,140 --> 00:06:46,669  
missus ism of the new aging and frequent

160  
00:06:52,420 --> 00:06:50,150  
speaker at conscious aging conferences

161  
00:06:55,869 --> 00:06:52,430  
his major work includes the death of a

162  
00:06:58,719 --> 00:06:55,879  
de hero birth of the soul but where is

163  
00:07:01,119 --> 00:06:58,729

God so forth and so on he has tons and

164

00:07:04,300 --> 00:07:01,129

tons of bodies work out there and it's

165

00:07:05,950 --> 00:07:04,310

amazing and I just it's just a delight

166

00:07:07,959 --> 00:07:05,960

for me to talk to John John welcome to

167

00:07:10,329 --> 00:07:07,969

sin of light radio hey Keith it's

168

00:07:13,570 --> 00:07:10,339

wonderful here love being with you is

169

00:07:19,450 --> 00:07:13,580

that so much fun yeah we do man you know

170

00:07:22,119 --> 00:07:19,460

you remind me of who I want to be I you

171

00:07:25,290 --> 00:07:22,129

know we talked about in the past some of

172

00:07:28,329 --> 00:07:25,300

the interviews we had we talked about

173

00:07:31,089 --> 00:07:28,339

the idea of death and how we get closer

174

00:07:33,300 --> 00:07:31,099

and to it every second that ticks by and

175

00:07:37,510 --> 00:07:33,310

I set this to someone the other day that

176

00:07:39,370 --> 00:07:37,520

you have made me almost want to invite

177

00:07:41,680 --> 00:07:39,380

my death

178

00:07:43,930 --> 00:07:41,690

I mean you make me excited about it from

179

00:07:47,830 --> 00:07:43,940

our past interviews that it's all the

180

00:07:49,860 --> 00:07:47,840

horror and all the bad things out of it

181

00:07:52,180 --> 00:07:49,870

is that's like I'm looking forward to it

182

00:07:55,180 --> 00:07:52,190

well death is not what you think it is

183

00:07:57,430 --> 00:07:55,190

it is think about that make them into

184

00:07:59,080 --> 00:07:57,440

problems when you stop thinking and open

185

00:08:01,930 --> 00:07:59,090

your awareness to something that is

186

00:08:04,420 --> 00:08:01,940

having it's far more radiant and divine

187

00:08:06,880 --> 00:08:04,430

and miraculous than you ever thought so

188

00:08:09,640 --> 00:08:06,890

it's way better to do that than to dwell

189

00:08:13,600 --> 00:08:09,650

and fears and anxieties so welcome to

190

00:08:16,690 --> 00:08:13,610

the journey so Jenna I couldn't wait to

191

00:08:18,820 --> 00:08:16,700

get you back on this show and you have a

192

00:08:22,360 --> 00:08:18,830

new book that just hit the market and

193

00:08:25,540 --> 00:08:22,370

it's called the divine human yes what

194

00:08:28,960 --> 00:08:25,550

what is of the divine human so the

195

00:08:31,840 --> 00:08:28,970

divine human is somebody who experiences

196

00:08:33,820 --> 00:08:31,850

himself or herself as literally divine

197

00:08:36,159 --> 00:08:33,830

it's not a metaphor it's not a fantasy

198

00:08:37,930 --> 00:08:36,169

it's not a nice idea it's a literal

199

00:08:40,839 --> 00:08:37,940

experience it's a state of consciousness

200

00:08:45,400 --> 00:08:40,849

that changes the way we experience

201  
00:08:46,990 --> 00:08:45,410  
ourselves and the world so it's a

202  
00:08:48,520 --> 00:08:47,000  
consciousness when you get into it and

203  
00:08:50,830 --> 00:08:48,530  
it's not that hard to get into it's a

204  
00:08:52,480 --> 00:08:50,840  
consciousness that's free of identity

205  
00:08:54,460 --> 00:08:52,490  
time and story and all the problem

206  
00:08:56,770 --> 00:08:54,470  
ridden idea is a labyrinth that's in the

207  
00:08:59,200 --> 00:08:56,780  
left brain that's in our in our mind and

208  
00:09:02,770 --> 00:08:59,210  
in this consciousness you begin to

209  
00:09:05,080 --> 00:09:02,780  
experience your awareness as God's

210  
00:09:07,150 --> 00:09:05,090  
awareness and your being is God's being

211  
00:09:08,980 --> 00:09:07,160  
and as you begin to dissolve who you

212  
00:09:11,170 --> 00:09:08,990  
think you are and move into this pure

213  
00:09:14,680 --> 00:09:11,180

state of awareness you are that which is

214

00:09:16,630 --> 00:09:14,690

that's God so this book is all about how

215

00:09:18,670 --> 00:09:16,640

to have that experience and how that

216

00:09:24,400 --> 00:09:18,680

transforms not only our lives but our

217

00:09:27,120 --> 00:09:24,410

perception of the world itself so would

218

00:09:29,530 --> 00:09:27,130

you support the idea of incorporating

219

00:09:33,430 --> 00:09:29,540

meditation as a daily practice for those

220

00:09:35,170 --> 00:09:33,440

who may be new to these this way of

221

00:09:38,380 --> 00:09:35,180

thought this wave being this way of

222

00:09:41,500 --> 00:09:38,390

living one's life oh sure I think the

223

00:09:43,900 --> 00:09:41,510

one things we have to do as we grow

224

00:09:46,060 --> 00:09:43,910

spiritually is to begin to quiet the

225

00:09:47,530 --> 00:09:46,070

mind and meditation and there's so many

226

00:09:49,450 --> 00:09:47,540

different types of meditation but

227

00:09:52,060 --> 00:09:49,460

meditation is very useful in just

228

00:09:52,800 --> 00:09:52,070

sitting still and watching thoughts and

229

00:09:54,660 --> 00:09:52,810

watching how you

230

00:09:56,190 --> 00:09:54,670

thoughts begin to become quieter and

231

00:09:58,380 --> 00:09:56,200

settle and then moving to the space

232

00:09:59,850 --> 00:09:58,390

between thoughts and and beginning to

233

00:10:00,660 --> 00:09:59,860

realize that your thoughts are not who

234

00:10:03,480 --> 00:10:00,670

you are

235

00:10:05,280 --> 00:10:03,490

you hook you you write off on them like

236

00:10:07,290 --> 00:10:05,290

a horse galloping away but it's not who

237

00:10:09,840 --> 00:10:07,300

you are when you begin to learn how to

238

00:10:11,850 --> 00:10:09,850

not identify with your thoughts you open

239

00:10:14,550 --> 00:10:11,860

to a spacious consciousness that's full

240

00:10:16,440 --> 00:10:14,560

of love and that's that's the real it's

241

00:10:18,600 --> 00:10:16,450

not just about relaxation it's not just

242

00:10:20,210 --> 00:10:18,610

about you know have being it being more

243

00:10:22,579 --> 00:10:20,220

conscious or mindful it's about

244

00:10:24,780 --> 00:10:22,589

experiencing the divine consciousness

245

00:10:27,000 --> 00:10:24,790

consciousness that pervades the entire

246

00:10:31,680 --> 00:10:27,010

universe and discovering that is your

247

00:10:33,690 --> 00:10:31,690

consciousness you know John one way one

248

00:10:35,760 --> 00:10:33,700

thing that meditation does it does help

249

00:10:39,180 --> 00:10:35,770

relax a person helps them to feel at

250

00:10:41,430 --> 00:10:39,190

ease or at peace but there are more

251  
00:10:43,920 --> 00:10:41,440  
people many people who think that it's

252  
00:10:45,420 --> 00:10:43,930  
strictly for relaxing trust me when I

253  
00:10:48,060 --> 00:10:45,430  
tell you out there listening

254  
00:10:50,070 --> 00:10:48,070  
these are Buddhist monks they're not

255  
00:10:51,690 --> 00:10:50,080  
trying to relax they're quite relaxed

256  
00:10:55,110 --> 00:10:51,700  
already they're dropping in to the

257  
00:10:56,340 --> 00:10:55,120  
cosmic dialogue so much so that they are

258  
00:10:58,770 --> 00:10:56,350  
in the stream

259  
00:11:01,410 --> 00:10:58,780  
they are the stream yeah here you enter

260  
00:11:03,750 --> 00:11:01,420  
the flow see because you construct this

261  
00:11:05,130 --> 00:11:03,760  
idea of yourself and and you park it in

262  
00:11:06,840 --> 00:11:05,140  
the left hemisphere of the brain and

263  
00:11:08,970 --> 00:11:06,850

pretty soon it runs and hijacks the

264

00:11:09,930 --> 00:11:08,980

whole show and and you actually believe

265

00:11:12,180 --> 00:11:09,940

that's who you are

266

00:11:14,579 --> 00:11:12,190

and as you quiet and still your thoughts

267

00:11:16,560 --> 00:11:14,589

you drop into a fathomless interior and

268

00:11:19,890 --> 00:11:16,570

into a fathomless state of awareness

269

00:11:21,930 --> 00:11:19,900

that that opens you to the consciousness

270

00:11:23,790 --> 00:11:21,940

that is everywhere and then that is that

271

00:11:25,890 --> 00:11:23,800

is beginning of a mystical life because

272

00:11:28,079 --> 00:11:25,900

from that consciousness the world itself

273

00:11:30,570 --> 00:11:28,089

begins to be radiant and luminous and

274

00:11:32,310 --> 00:11:30,580

infinitely precious say I'm sitting here

275

00:11:35,130 --> 00:11:32,320

watching you because for those out there

276

00:11:37,560 --> 00:11:35,140

who can we're going to have this in

277

00:11:39,690 --> 00:11:37,570

video format in the next week but I'm

278

00:11:42,000 --> 00:11:39,700

watching John as he expresses himself

279

00:11:45,060 --> 00:11:42,010

and I want Jesus for gain quotes he's

280

00:11:48,150 --> 00:11:45,070

channeling he's actually in that place

281

00:11:49,380 --> 00:11:48,160

as he is given this interview John would

282

00:11:54,690 --> 00:11:49,390

there be a true statement that you

283

00:11:56,850 --> 00:11:54,700

somehow lose identity of John and become

284

00:11:59,280 --> 00:11:56,860

something else not once they become you

285

00:12:01,110 --> 00:11:59,290

know yeah absolutely yeah you're

286

00:12:03,900 --> 00:12:01,120

absolutely right I it's the kind of

287

00:12:06,319 --> 00:12:03,910

thing that is such a state of liberation

288

00:12:08,419 --> 00:12:06,329

to not be saddled to who you think you

289

00:12:10,809 --> 00:12:08,429

our and when that and when that start

290

00:12:13,850 --> 00:12:10,819

dissolved and enter the great unknown

291

00:12:16,069 --> 00:12:13,860

there's a there's a sense of wonder and

292

00:12:18,199 --> 00:12:16,079

beauty and freedom and joy and love that

293

00:12:20,150 --> 00:12:18,209

is infinite and you realize I've been

294

00:12:23,239 --> 00:12:20,160

waiting to see most of my life trying to

295

00:12:25,519 --> 00:12:23,249

be somebody I don't like if I don't want

296

00:12:27,859 --> 00:12:25,529

to be anybody I want to transcend by

297

00:12:30,859 --> 00:12:27,869

anybody miss and become one with the

298

00:12:33,289 --> 00:12:30,869

whole if we did that the world would be

299

00:12:35,210 --> 00:12:33,299

experienced as heaven on earth and we

300

00:12:38,119 --> 00:12:35,220

would be experienced as divine humans

301

00:12:40,069 --> 00:12:38,129

and that's the whole point so what is

302

00:12:42,979 --> 00:12:40,079

the state of consciousness that creates

303

00:12:43,609 --> 00:12:42,989

divine human that would be God conscious

304

00:12:46,549 --> 00:12:43,619

yes

305

00:12:48,799 --> 00:12:46,559

yeah like the Mystics tell us from time

306

00:12:50,989 --> 00:12:48,809

immemorial that there is really only one

307

00:12:53,539 --> 00:12:50,999

consciousness everywhere in the universe

308

00:12:56,269 --> 00:12:53,549

now what's happened to us human beings

309

00:12:58,910 --> 00:12:56,279

is that as we developed our capacity to

310

00:13:01,729 --> 00:12:58,920

think and conceptualize and impose a

311

00:13:04,189 --> 00:13:01,739

belief systems on the world they they

312

00:13:05,660 --> 00:13:04,199

were very very useful for survival but

313

00:13:07,850 --> 00:13:05,670

pretty soon we began a mistake our

314

00:13:09,739 --> 00:13:07,860

beliefs for the world itself and what

315

00:13:11,989 --> 00:13:09,749

happens is that that's a state of

316

00:13:13,519 --> 00:13:11,999

consciousness we need to transcend the

317

00:13:15,919 --> 00:13:13,529

dissolve because when it goes what's

318

00:13:17,960 --> 00:13:15,929

left is the consciousness in which it

319

00:13:20,150 --> 00:13:17,970

was all arising and in that

320

00:13:22,549 --> 00:13:20,160

consciousness you'll discover an

321

00:13:24,949 --> 00:13:22,559

entirely different you have no identity

322

00:13:27,079 --> 00:13:24,959

you are the consciousness that lives

323

00:13:29,090 --> 00:13:27,089

everything you can come up to a tree and

324

00:13:30,679 --> 00:13:29,100

you can and you can touch the tree and

325

00:13:33,139 --> 00:13:30,689

you realize it it's aware of you

326

00:13:35,179 --> 00:13:33,149

touching it and it's touching you and

327

00:13:37,999 --> 00:13:35,189

there's this great sense of communion

328

00:13:40,249 --> 00:13:38,009

for all of creation so this is the whole

329

00:13:42,229 --> 00:13:40,259

point it's a state of continuity divine

330

00:13:45,379 --> 00:13:42,239

human consciousness is pure awareness

331

00:13:49,759 --> 00:13:45,389

free of all thinking and at that space

332

00:13:52,009 --> 00:13:49,769

you're it you know the way you use the

333

00:13:55,039 --> 00:13:52,019

tree analogy that the tree is aware of

334

00:13:57,229 --> 00:13:55,049

you I guess back in the late 60s when we

335

00:14:02,809 --> 00:13:57,239

had the tree huggers they were they were

336

00:14:04,429 --> 00:14:02,819

the frontrunners right lovely woman who

337

00:14:06,379 --> 00:14:04,439

stand upon that tree for all those

338

00:14:08,780 --> 00:14:06,389

months you know she became one with the

339

00:14:10,819 --> 00:14:08,790

tree you know she developed a different

340

00:14:12,679 --> 00:14:10,829

state of consciousness as she was moving

341

00:14:13,030 --> 00:14:12,689

in the wind and living up there for so

342

00:14:16,039 --> 00:14:13,040

long

343

00:14:19,010 --> 00:14:16,049

it being in the wilderness transforms

344

00:14:22,040 --> 00:14:19,020

you it's a there's a consciousness there

345

00:14:23,810 --> 00:14:22,050

brings alive an original state of almost

346

00:14:28,310 --> 00:14:23,820

Aboriginal consciousness in your own

347

00:14:30,410 --> 00:14:28,320

psyche so John since your book is titled

348

00:14:34,190 --> 00:14:30,420

to divine human and the question I posed

349

00:14:35,510 --> 00:14:34,200

and you answered it about what is it and

350

00:14:38,600 --> 00:14:35,520

we're talking about the divine game in

351

00:14:42,170 --> 00:14:38,610

your book which is be getting to a place

352

00:14:45,920 --> 00:14:42,180

of space in your life that you begin to

353

00:14:49,040 --> 00:14:45,930

experience the oneness of you and

354

00:14:52,100 --> 00:14:49,050

creator that lives inside how does one

355

00:14:53,990 --> 00:14:52,110

really go about becoming that and doing

356

00:14:57,110 --> 00:14:54,000

that in being successful at it I'm sure

357

00:14:59,630 --> 00:14:57,120

your book tells about the path or in

358

00:15:01,910 --> 00:14:59,640

detail how to go about but how does one

359

00:15:04,730 --> 00:15:01,920

find themselves very well on the path of

360

00:15:06,260 --> 00:15:04,740

becoming illumined yes I have lots of

361

00:15:08,690 --> 00:15:06,270

exercises in the book that's all about

362

00:15:11,450 --> 00:15:08,700

that but becoming a divine human is

363

00:15:12,980 --> 00:15:11,460

really a three-stage process we begin by

364

00:15:14,600 --> 00:15:12,990

understanding what the Mystics have been

365

00:15:18,890 --> 00:15:14,610

telling us all along about our own

366

00:15:20,450 --> 00:15:18,900

divinity what Whitman says divine and my

367

00:15:22,280 --> 00:15:20,460

insight and now that I make holy

368

00:15:24,050 --> 00:15:22,290

whatever I touch and I'm touched from

369

00:15:25,760 --> 00:15:24,060

and I've got justice of course like that

370

00:15:28,220 --> 00:15:25,770

they've been telling us all along

371

00:15:30,380 --> 00:15:28,230

that we are already defined we've just

372

00:15:31,430 --> 00:15:30,390

lost the ability to experience so first

373

00:15:33,680 --> 00:15:31,440

we have to understand what they're

374

00:15:36,230 --> 00:15:33,690

teaching us secondly we have to start

375

00:15:38,630 --> 00:15:36,240

using spiritual practices to awaken this

376

00:15:39,050 --> 00:15:38,640

actual experience that's really not so

377

00:15:41,270 --> 00:15:39,060

hard

378

00:15:43,190 --> 00:15:41,280

we think that stopping thinking is an

379

00:15:44,870 --> 00:15:43,200

impossible thing and people wrestle with

380

00:15:47,240 --> 00:15:44,880

meditation and they and a big soul of

381

00:15:49,130 --> 00:15:47,250

frustrated the meditation I like to

382

00:15:53,060 --> 00:15:49,140

recommend is much more of a sensory

383

00:15:55,580 --> 00:15:53,070

awareness meditation if you are standing

384

00:15:57,140 --> 00:15:55,590

on a tightrope and walking across you

385

00:15:59,030 --> 00:15:57,150

know a body of water for example you

386

00:16:00,890 --> 00:15:59,040

can't think about your resume you can't

387

00:16:02,630 --> 00:16:00,900

think about your portfolio you're so

388

00:16:05,150 --> 00:16:02,640

much in your senses that thinking is

389

00:16:07,130 --> 00:16:05,160

absolutely stopped so this is really

390

00:16:09,890 --> 00:16:07,140

clear that if you become intentionally

391

00:16:11,570 --> 00:16:09,900

awake and aware thinking soft and you

392

00:16:14,150 --> 00:16:11,580

enter a different state of consciousness

393

00:16:15,620 --> 00:16:14,160

in which you are one with the whole and

394

00:16:18,800 --> 00:16:15,630

then you begin to experience it so once

395

00:16:21,820 --> 00:16:18,810

you do that over time then this new

396

00:16:23,810 --> 00:16:21,830

divine awareness this new ineffable

397

00:16:26,480 --> 00:16:23,820

beautiful state of consciousness begins

398

00:16:29,180 --> 00:16:26,490

to move up to you and progressively

399

00:16:31,550 --> 00:16:29,190

remakes your personality your behavior

400

00:16:32,090 --> 00:16:31,560

your view the world and increasingly you

401  
00:16:34,970 --> 00:16:32,100  
come in

402  
00:16:36,230 --> 00:16:34,980  
to quote problems which are really just

403  
00:16:42,680 --> 00:16:36,240  
thoughts as you've made up about a

404  
00:16:45,260 --> 00:16:42,690  
situation you see through the whole

405  
00:16:49,430 --> 00:16:45,270  
drama that is the human struggle and you

406  
00:16:52,190 --> 00:16:49,440  
realize why would I want to do that so

407  
00:16:54,380 --> 00:16:52,200  
anyways you know one-time thing but over

408  
00:16:54,890 --> 00:16:54,390  
time you are transform and is part of

409  
00:16:56,630 --> 00:16:54,900  
Aging

410  
00:16:58,310 --> 00:16:56,640  
because in ageing all these beliefs

411  
00:17:00,080 --> 00:16:58,320  
about ourselves just begin to go away

412  
00:17:02,420 --> 00:17:00,090  
naturally because we're not who we used

413  
00:17:05,090 --> 00:17:02,430

to be you know in this new possibility

414

00:17:08,329 --> 00:17:05,100

for consciousness opens up and if we pay

415

00:17:10,100 --> 00:17:08,339

attention to it we open into it you know

416

00:17:13,370 --> 00:17:10,110

John everyone who listened to the show

417

00:17:17,000 --> 00:17:13,380

often knows I'm really big about

418

00:17:18,470 --> 00:17:17,010

awareness where when I'm sure there is

419

00:17:20,300 --> 00:17:18,480

I'm sure and of course they're all equal

420

00:17:23,030 --> 00:17:20,310

across the board but I think awareness

421

00:17:25,520 --> 00:17:23,040

has to be probably the biggest key

422

00:17:26,900 --> 00:17:25,530

component of spiritual awakening well

423

00:17:29,000 --> 00:17:26,910

think about the word awakening the word

424

00:17:31,310 --> 00:17:29,010

awakening synonymous is awareness and

425

00:17:32,960 --> 00:17:31,320

when you can become peripherally aware

426

00:17:34,940 --> 00:17:32,970

and even though I'm looking at you on

427

00:17:36,440 --> 00:17:34,950

the screen very much where the sound of

428

00:17:38,570 --> 00:17:36,450

air conditioner behind them very much

429

00:17:40,940 --> 00:17:38,580

the heat where the candle does mommy I'm

430

00:17:43,250 --> 00:17:40,950

aware and I remember the last interview

431

00:17:45,470 --> 00:17:43,260

you and I did you were talking about now

432

00:17:47,030 --> 00:17:45,480

when you adjust stage of your life with

433

00:17:49,550 --> 00:17:47,040

this stage of awareness that you have

434

00:17:53,960 --> 00:17:49,560

when you with something you are with it

435

00:17:56,840 --> 00:17:53,970

fully you're fully engaged with it yes

436

00:17:59,300 --> 00:17:56,850

there's nothing standing between this

437

00:18:02,650 --> 00:17:59,310

consciousness and what is you normally

438

00:18:05,510 --> 00:18:02,660

we label and explain and define and and

439

00:18:07,610 --> 00:18:05,520

distance ourselves conceptually from the

440

00:18:10,070 --> 00:18:07,620

divine world and when we wake up and

441

00:18:11,690 --> 00:18:10,080

stop thinking and start experiencing

442

00:18:14,420 --> 00:18:11,700

direct sensory awareness of everything

443

00:18:16,250 --> 00:18:14,430

we discovered that the world is it has

444

00:18:18,170 --> 00:18:16,260

always been the divine the divine is in

445

00:18:22,520 --> 00:18:18,180

two shapes is divine consciousness and

446

00:18:24,080 --> 00:18:22,530

there's divine being so we are when we

447

00:18:25,550 --> 00:18:24,090

enter pure consciousness we are

448

00:18:27,470 --> 00:18:25,560

literally experiencing God's

449

00:18:29,360 --> 00:18:27,480

consciousness and when we bring that

450

00:18:31,460 --> 00:18:29,370

consciousness into our own physical

451

00:18:34,220 --> 00:18:31,470

being we are literally experiencing the

452

00:18:35,780 --> 00:18:34,230

being of God so what we need to do is to

453

00:18:37,670 --> 00:18:35,790

not think about this because that would

454

00:18:40,340 --> 00:18:37,680

take us right out of the experience but

455

00:18:43,100 --> 00:18:40,350

instead to stay in it and to and to

456

00:18:44,900 --> 00:18:43,110

dwell in that state until we feel

457

00:18:45,500 --> 00:18:44,910

ourselves changing there's a sense of

458

00:18:47,450 --> 00:18:45,510

joy

459

00:18:49,010 --> 00:18:47,460

you know that that Hindu phrase thought

460

00:18:51,770 --> 00:18:49,020

she denied the existence consciousness

461

00:18:54,020 --> 00:18:51,780

bliss you realize that it's all that and

462

00:18:55,910 --> 00:18:54,030

then this capacitance aging is about

463

00:18:59,060 --> 00:18:55,920

opening the heart to love and this

464

00:19:02,150 --> 00:18:59,070

process of awakening is about awakening

465

00:19:04,640 --> 00:19:02,160

to a kind of love that changes you and

466

00:19:05,900 --> 00:19:04,650

and you just may as I described in the

467

00:19:08,570 --> 00:19:05,910

book over and over again I sometimes

468

00:19:10,400 --> 00:19:08,580

have to contain myself from dancing on

469

00:19:11,720 --> 00:19:10,410

tabletops and you know think of the

470

00:19:14,570 --> 00:19:11,730

grandkids and swinging them around

471

00:19:19,430 --> 00:19:14,580

because everything is so joyous in this

472

00:19:20,720 --> 00:19:19,440

state you brought to my attention you

473

00:19:24,500 --> 00:19:20,730

reminded me of something that happened

474

00:19:26,870 --> 00:19:24,510

today today I was eating some food in a

475

00:19:30,100 --> 00:19:26,880

restaurant and also on the older couple

476

00:19:32,240 --> 00:19:30,110

sitting next to me my uh and the

477

00:19:34,100 --> 00:19:32,250

gentleman I didn't know where he went he

478

00:19:35,690 --> 00:19:34,110

disappeared for a moment but I can see

479

00:19:38,690 --> 00:19:35,700

this elderly lady she had to be in a

480

00:19:41,390 --> 00:19:38,700

course on late 80s and she was trying to

481

00:19:43,220 --> 00:19:41,400

hoist yourself above the chair and I saw

482

00:19:47,480 --> 00:19:43,230

her trying to move forward two or three

483

00:19:49,340 --> 00:19:47,490

times and I got up motion toward him

484

00:19:50,860 --> 00:19:49,350

grab her hand and help her let me she

485

00:19:53,480 --> 00:19:50,870

got up she said thank you young man and

486

00:19:56,870 --> 00:19:53,490

I had a word with the gentleman because

487

00:19:59,180 --> 00:19:56,880

he brought the Walker for her to proceed

488

00:20:01,940 --> 00:19:59,190

to walk out of the building and I had to

489

00:20:05,900 --> 00:20:01,950

control my emotions because what moved

490

00:20:08,210 --> 00:20:05,910

through me wasn't about the patting me

491

00:20:12,680 --> 00:20:08,220

on the back for helping this lady what

492

00:20:15,320 --> 00:20:12,690

moved through me was the reward in and

493

00:20:18,140 --> 00:20:15,330

of itself it was it was grand he was

494

00:20:19,940 --> 00:20:18,150

expanded in other words it was God

495

00:20:22,370 --> 00:20:19,950

coming through me and I was able to

496

00:20:25,550 --> 00:20:22,380

touch that for the moment when you get

497

00:20:27,770 --> 00:20:25,560

out of the way you lived by this divine

498

00:20:29,630 --> 00:20:27,780

universe it is absolutely beautiful

499

00:20:32,570 --> 00:20:29,640

and I think about older people is that

500

00:20:34,580 --> 00:20:32,580

the outside of them is a disguise that

501

00:20:37,490 --> 00:20:34,590

it looks different it looks old it looks

502

00:20:39,770 --> 00:20:37,500

but on the inside the consciousness is

503

00:20:41,990 --> 00:20:39,780

timeless okay the consciousness is

504

00:20:43,880 --> 00:20:42,000

ageless the consciousness is pure if

505

00:20:45,770 --> 00:20:43,890

they pay attention to it it's sort of an

506

00:20:47,240 --> 00:20:45,780

entirely different experience rather

507

00:20:49,880 --> 00:20:47,250

than feeling sorry for all the people we

508

00:20:51,680 --> 00:20:49,890

should say wow they have an opening to a

509

00:20:56,540 --> 00:20:51,690

possibility for experiencing the world

510

00:20:58,690 --> 00:20:56,550

that is glorious and veg I'm good no no

511

00:21:01,239 --> 00:20:58,700

go ahead I could whack on but

512

00:21:02,349 --> 00:21:01,249

yeah what is mysticism how was it

513

00:21:06,549 --> 00:21:02,359

different from religion and spirituality

514

00:21:08,710 --> 00:21:06,559

and who becomes a mystic ha ha good so

515

00:21:10,930 --> 00:21:08,720

mysticism is is really the direct

516

00:21:13,389 --> 00:21:10,940

first-hand experience of God and it

517

00:21:15,129 --> 00:21:13,399

comes in like three flavors there's big

518

00:21:16,690 --> 00:21:15,139

mystical experiences from which all

519

00:21:18,609 --> 00:21:16,700

religions arise there's a smaller

520

00:21:19,930 --> 00:21:18,619

mystical experience is like we're like

521

00:21:21,849 --> 00:21:19,940

when you're a kid and you look up at the

522

00:21:24,039 --> 00:21:21,859

night sky and you go and you're odd just

523

00:21:26,109 --> 00:21:24,049

takes over the first time you see your

524

00:21:27,999 --> 00:21:26,119

brand-new baby and count the toes and

525

00:21:29,950 --> 00:21:28,009

you're in a state of just ecstasy and

526

00:21:31,330 --> 00:21:29,960

then there's mystical consciousness and

527

00:21:33,129 --> 00:21:31,340

that's the state that you can get into

528

00:21:37,060 --> 00:21:33,139

intentionally that has the same quality

529

00:21:38,739 --> 00:21:37,070

so that's mysticism religion is all the

530

00:21:41,349 --> 00:21:38,749

religions are born from the mystical

531

00:21:43,840 --> 00:21:41,359

experience a huge experience of divinity

532

00:21:46,359 --> 00:21:43,850

of oneness of Revelation is then encoded

533

00:21:48,879 --> 00:21:46,369

in the history Scripture theology and

534

00:21:50,499 --> 00:21:48,889

practices of the religion and this and

535

00:21:53,349 --> 00:21:50,509

the whole bodied religion is meant to

536

00:21:55,629 --> 00:21:53,359

help carry this vision forward so other

537

00:21:57,090 --> 00:21:55,639

people can understand the religious or

538

00:21:59,710 --> 00:21:57,100

spiritual nature of the universe

539

00:22:01,629 --> 00:21:59,720

unfortunately the the ego takes over too

540

00:22:03,820 --> 00:22:01,639

often the conceptual mind takes over too

541

00:22:06,820 --> 00:22:03,830

often a producer we have 10,000 books on

542

00:22:08,919 --> 00:22:06,830

religion when the whole thing is really

543

00:22:10,989 --> 00:22:08,929

about just waking up so we need to

544

00:22:14,649 --> 00:22:10,999

realize that religion has a positive and

545

00:22:17,739 --> 00:22:14,659

the etic side that limits us because one

546

00:22:19,060 --> 00:22:17,749

day we have to leave the conceptual mind

547

00:22:21,190 --> 00:22:19,070

we have to leave our theories our

548

00:22:25,060 --> 00:22:21,200

theologies our beliefs behind us like

549

00:22:27,039 --> 00:22:25,070

Rumi when he was he was the mystic Sufi

550

00:22:29,019 --> 00:22:27,049

mystic and me but it was a university

551  
00:22:31,389 --> 00:22:29,029  
professor on one day this enlightened

552  
00:22:33,430 --> 00:22:31,399  
eldest enlightened guy named Shawn's

553  
00:22:34,960 --> 00:22:33,440  
jumps over the fence takes his books

554  
00:22:37,239 --> 00:22:34,970  
goes into the ground and says now you

555  
00:22:39,330 --> 00:22:37,249  
must live what you know you see and

556  
00:22:41,769 --> 00:22:39,340  
that's what the mystic has to do

557  
00:22:43,930 --> 00:22:41,779  
spirituality is the third prong of this

558  
00:22:46,060 --> 00:22:43,940  
of this and that is that in every in

559  
00:22:48,249 --> 00:22:46,070  
every church or synagogue or mosque

560  
00:22:50,590 --> 00:22:48,259  
there may be say 300 people there will

561  
00:22:52,299 --> 00:22:50,600  
be one religion but there'll be 300

562  
00:22:54,310 --> 00:22:52,309  
different spiritualities because each of

563  
00:22:56,379 --> 00:22:54,320

us has to make sense that of the

564

00:22:59,229 --> 00:22:56,389

teaching our own personal experiences

565

00:23:01,479 --> 00:22:59,239

the life experiences we've had and so

566

00:23:03,369 --> 00:23:01,489

the spiritual journey is the one of

567

00:23:05,950 --> 00:23:03,379

moving from general knowledge to

568

00:23:08,049 --> 00:23:05,960

personal knowledge then is the mystical

569

00:23:09,759 --> 00:23:08,059

knowledge which is transcending belief

570

00:23:12,430 --> 00:23:09,769

systems into the first-hand experience

571

00:23:14,530 --> 00:23:12,440

of the divine world I hope that

572

00:23:16,000 --> 00:23:14,540

explained it very clearly very clear

573

00:23:18,370 --> 00:23:16,010

when I went where I was going to go with

574

00:23:21,940 --> 00:23:18,380

when I told you the story about the old

575

00:23:24,400 --> 00:23:21,950

lady that I helped was how God moves

576

00:23:25,630 --> 00:23:24,410

inside and how we begin to recognize it

577

00:23:27,340 --> 00:23:25,640

because that's a question I posed a

578

00:23:29,110 --> 00:23:27,350

little earlier someone said something

579

00:23:30,640 --> 00:23:29,120

really really short and to the point I

580

00:23:32,860 --> 00:23:30,650

thought it was just really really cool

581

00:23:35,140 --> 00:23:32,870

yesterday if you want to find out what

582

00:23:38,520 --> 00:23:35,150

God is it's imagination it's your own

583

00:23:43,090 --> 00:23:38,530

imagination because if God created

584

00:23:45,310 --> 00:23:43,100

humans in this image in its image is

585

00:23:48,550 --> 00:23:45,320

imagination and lightness as we think

586

00:23:50,110 --> 00:23:48,560

therefore we create someone simply put

587

00:23:52,840 --> 00:23:50,120

it put it to me yesterday just saying

588

00:23:56,800 --> 00:23:52,850

imagination it's imagination the ability

589

00:23:59,140 --> 00:23:56,810

to conceive we are not different from

590

00:24:01,240 --> 00:23:59,150

the divine so that everything that moves

591

00:24:03,490 --> 00:24:01,250

through us is the divine moving viewers

592

00:24:05,950 --> 00:24:03,500

including imagination the problem is

593

00:24:08,020 --> 00:24:05,960

when when we get this idea of ourselves

594

00:24:09,880 --> 00:24:08,030

as being separate from all that then the

595

00:24:12,880 --> 00:24:09,890

egos think starts to take over things

596

00:24:14,560 --> 00:24:12,890

and begin to exploit imagination for for

597

00:24:16,750 --> 00:24:14,570

self aggrandizing reasons and that's

598

00:24:18,550 --> 00:24:16,760

when we get in trouble but yeah remain

599

00:24:20,920 --> 00:24:18,560

out of God it's happening all the time

600

00:24:23,470 --> 00:24:20,930

we are what God is and part of this book

601  
00:24:26,050 --> 00:24:23,480  
is really about finding the space and

602  
00:24:28,090 --> 00:24:26,060  
the quiet and the deep self connection

603  
00:24:31,390 --> 00:24:28,100  
to be able to say I am what God is and

604  
00:24:36,400 --> 00:24:31,400  
then experience that rising up inside as

605  
00:24:36,700 --> 00:24:36,410  
your very own pure essential nature love

606  
00:24:38,620 --> 00:24:36,710  
it

607  
00:24:41,020 --> 00:24:38,630  
you know about I've always used this

608  
00:24:43,450 --> 00:24:41,030  
when I do talks is you know if you're a

609  
00:24:46,150 --> 00:24:43,460  
person of Scripture and you've read that

610  
00:24:48,430 --> 00:24:46,160  
God is omnipresent okay we can all agree

611  
00:24:50,350 --> 00:24:48,440  
that the dictionary is our resource for

612  
00:24:54,010 --> 00:24:50,360  
language it's a book that was created to

613  
00:24:55,450 --> 00:24:54,020

convey thought ideas and concepts so we

614

00:24:57,340 --> 00:24:55,460

now go to Webster's and we look up

615

00:25:00,220 --> 00:24:57,350

omnipresent it says present in all

616

00:25:03,970 --> 00:25:00,230

places at all times so there's no place

617

00:25:05,740 --> 00:25:03,980

it is not so if it's everything it's the

618

00:25:07,300 --> 00:25:05,750

shirt it's the chair I'm sitting on just

619

00:25:08,650 --> 00:25:07,310

a microphone it's the sounds coming out

620

00:25:12,670 --> 00:25:08,660

of the speakers with those listening if

621

00:25:16,510 --> 00:25:12,680

it's me it's my skin it's everything and

622

00:25:19,750 --> 00:25:16,520

it's our task to become a weight to the

623

00:25:21,850 --> 00:25:19,760

fact to experience that you define this

624

00:25:24,820 --> 00:25:21,860

of every single thing the luminosity of

625

00:25:25,820 --> 00:25:24,830

all being it's a wonderful experience

626  
00:25:28,009 --> 00:25:25,830  
and so

627  
00:25:29,629 --> 00:25:28,019  
we get so tangled up in our thinking we

628  
00:25:30,979 --> 00:25:29,639  
have to go someplace to be someone that

629  
00:25:33,639 --> 00:25:30,989  
we forget they were already there

630  
00:25:35,570 --> 00:25:33,649  
there's no place to go this is it

631  
00:25:37,249 --> 00:25:35,580  
John we have a question from the chat

632  
00:25:39,259 --> 00:25:37,259  
room from John Daniel he asked the

633  
00:25:41,869 --> 00:25:39,269  
question does dr. Robinson used

634  
00:25:46,129 --> 00:25:41,879  
out-of-body experiences in his form of

635  
00:25:47,479 --> 00:25:46,139  
sensory meditation well I haven't but

636  
00:25:48,799 --> 00:25:47,489  
I've always been intrigued without a

637  
00:25:50,509 --> 00:25:48,809  
body experiences I think they're

638  
00:25:54,139 --> 00:25:50,519

absolutely amazing and the near-death

639

00:25:56,210 --> 00:25:54,149

experiences too we build a conceptual

640

00:25:59,029 --> 00:25:56,220

frame around consciousness and believe

641

00:26:00,649 --> 00:25:59,039

therefore that that's me but it isn't so

642

00:26:02,180 --> 00:26:00,659

it's not at all surprising that we leave

643

00:26:04,399 --> 00:26:02,190

that frame and half out-of-body

644

00:26:07,099 --> 00:26:04,409

experiences but I haven't been using

645

00:26:09,590 --> 00:26:07,109

them personally I love to yeah you and I

646

00:26:10,879 --> 00:26:09,600

shared a couple of my stories last time

647

00:26:13,340 --> 00:26:10,889

we interviewed some of the mystical

648

00:26:14,450 --> 00:26:13,350

stuff that happens when sometimes I wish

649

00:26:16,159 --> 00:26:14,460

you would have a little more often when

650

00:26:18,950 --> 00:26:16,169

I fall asleep so let me ask you a

651  
00:26:23,180 --> 00:26:18,960  
question what changes when we learn to

652  
00:26:25,820 --> 00:26:23,190  
experience our own divinity well several

653  
00:26:29,389 --> 00:26:25,830  
things identities problems goals and

654  
00:26:31,519 --> 00:26:29,399  
beliefs begin to disappear because there

655  
00:26:33,680 --> 00:26:31,529  
are only structures of mind okay so I

656  
00:26:35,389 --> 00:26:33,690  
walk out there and I I can easily create

657  
00:26:37,340 --> 00:26:35,399  
a whole bunch of problems and say

658  
00:26:38,869 --> 00:26:37,350  
someone is cut me off of the road or

659  
00:26:40,369 --> 00:26:38,879  
this person doesn't like me or I should

660  
00:26:41,779 --> 00:26:40,379  
be have more money or whatever we can

661  
00:26:43,279 --> 00:26:41,789  
generate products but in this state of

662  
00:26:46,070 --> 00:26:43,289  
consciousness which is free of thought

663  
00:26:48,409 --> 00:26:46,080

that doesn't exist and as we dissolve

664

00:26:51,470 --> 00:26:48,419

the multiple lenses of thought that

665

00:26:53,330 --> 00:26:51,480

obscure the Radian ground of being the

666

00:26:56,269 --> 00:26:53,340

world grows brighter and more luminous

667

00:26:57,830 --> 00:26:56,279

more beautiful and holy and literally we

668

00:27:00,649 --> 00:26:57,840

begin to see heaven on earth that never

669

00:27:02,239 --> 00:27:00,659

left we left we thought that we were in

670

00:27:04,549 --> 00:27:02,249

the wrong place we thought that we had

671

00:27:06,409 --> 00:27:04,559

to be overcome our badness but it was

672

00:27:08,299 --> 00:27:06,419

all a mistake it was all mistaken

673

00:27:11,299 --> 00:27:08,309

assumption and then as we happened to

674

00:27:13,159 --> 00:27:11,309

our own Divine Being we discovered the

675

00:27:15,379 --> 00:27:13,169

bliss love and spiritual wisdom that's

676

00:27:19,609 --> 00:27:15,389

always the part of the divine ground

677

00:27:21,979 --> 00:27:19,619

okay so that there's a sense of joy that

678

00:27:23,659 --> 00:27:21,989

gives you freedom that you use what it's

679

00:27:25,639 --> 00:27:23,669

like those old songs from the sixties

680

00:27:27,529 --> 00:27:25,649

you know just grooving down the road it

681

00:27:29,810 --> 00:27:27,539

feels so good to have this light playing

682

00:27:31,849 --> 00:27:29,820

on your forehead and see the speckled

683

00:27:34,009 --> 00:27:31,859

pattern of Sun and shadow and you you

684

00:27:37,039 --> 00:27:34,019

literally move into a different space of

685

00:27:39,080 --> 00:27:37,049

awareness that is so genuinely joyful

686

00:27:39,470 --> 00:27:39,090

that the problems of the world really go

687

00:27:42,290 --> 00:27:39,480

away

688

00:27:44,960 --> 00:27:42,300

then we increasingly become what God is

689

00:27:47,390 --> 00:27:44,970

God we see through God's eyes the mystic

690

00:27:49,400 --> 00:27:47,400

sabatelli is that God sees through our

691

00:27:51,260 --> 00:27:49,410

eyes hears through our ears and feels

692

00:27:53,900 --> 00:27:51,270

through our touched that and that

693

00:27:56,180 --> 00:27:53,910

actually you let the self get dissolve

694

00:27:58,880 --> 00:27:56,190

out of the way we become that which God

695

00:28:00,830 --> 00:27:58,890

is not that we are the only thing God is

696

00:28:03,500 --> 00:28:00,840

but everything is one with God and

697

00:28:06,170 --> 00:28:03,510

therefore when we are not God is through

698

00:28:08,030 --> 00:28:06,180

us and if we were there the wars would

699

00:28:10,510 --> 00:28:08,040

disappear the hunger would disappear

700

00:28:12,980 --> 00:28:10,520

that all these do because the mind

701  
00:28:15,260 --> 00:28:12,990  
divides people and separates and

702  
00:28:16,670 --> 00:28:15,270  
segregates things and then judges things

703  
00:28:18,530 --> 00:28:16,680  
good and bad and pretty soon we have

704  
00:28:20,840 --> 00:28:18,540  
wars and conflicts none it's all a

705  
00:28:25,160 --> 00:28:20,850  
construction and fabrication of the left

706  
00:28:27,380 --> 00:28:25,170  
brain I like that we talked about what

707  
00:28:29,300 --> 00:28:27,390  
the Mystics have to say that God sees

708  
00:28:31,610 --> 00:28:29,310  
through our eyes and listens through our

709  
00:28:35,510 --> 00:28:31,620  
ears well whose eyes and ears in it well

710  
00:28:37,820 --> 00:28:35,520  
it's mind and it's like as people often

711  
00:28:39,260 --> 00:28:37,830  
point to themselves John I've only seen

712  
00:28:41,240 --> 00:28:39,270  
one person in my life point like this

713  
00:28:42,920 --> 00:28:41,250

point you so then you point out here

714

00:28:45,680 --> 00:28:42,930

okay now take it a point to God and you

715

00:28:47,300 --> 00:28:45,690

point here to say well that it's

716

00:28:50,600 --> 00:28:47,310

anonymous you know when you point you to

717

00:28:53,540 --> 00:28:50,610

yourself really also so what do we do

718

00:28:57,740 --> 00:28:53,550

how do we get rid of the blocks how do

719

00:28:59,000 --> 00:28:57,750

we consciously become aware of the fact

720

00:29:00,730 --> 00:28:59,010

that we divine what are some of the

721

00:29:04,100 --> 00:29:00,740

ideas you can bring forth about that I

722

00:29:06,350 --> 00:29:04,110

mean I mean there's been such a taboo

723

00:29:10,220 --> 00:29:06,360

about that I mean it's been considered

724

00:29:12,470 --> 00:29:10,230

you know sacrilege to say that I am God

725

00:29:14,180 --> 00:29:12,480

I mean and and and that's because

726

00:29:15,290 --> 00:29:14,190

religious authority does not want us to

727

00:29:17,000 --> 00:29:15,300

say that because they want to maintain

728

00:29:19,070 --> 00:29:17,010

an authority over what is true and false

729

00:29:21,050 --> 00:29:19,080

and what we should believe but so that

730

00:29:22,700 --> 00:29:21,060

if you as a mystic realize you don't

731

00:29:24,140 --> 00:29:22,710

need anybody else to tell you what you

732

00:29:27,470 --> 00:29:24,150

believe because you experience at

733

00:29:30,860 --> 00:29:27,480

firsthand then then that resolves a lot

734

00:29:32,840 --> 00:29:30,870

of problems and so first of all we've

735

00:29:34,640 --> 00:29:32,850

got to get past the idea that it's wrong

736

00:29:36,320 --> 00:29:34,650

to feel this way and the second thing we

737

00:29:39,650 --> 00:29:36,330

need to do is practice feeling this way

738

00:29:41,840 --> 00:29:39,660

you know the fact of sitting very very

739

00:29:44,840 --> 00:29:41,850

still learning to quiet your mind and

740

00:29:47,390 --> 00:29:44,850

then simply saying I am what God is and

741

00:29:50,690 --> 00:29:47,400

it's like it's like a monster oh so it's

742

00:29:53,360 --> 00:29:50,700

like a phrase that you can repeat inside

743

00:29:55,340 --> 00:29:53,370

and it sends a sonar down

744

00:29:57,440 --> 00:29:55,350

of your Divine Being and you wait for it

745

00:30:02,030 --> 00:29:57,450

to come back as an experience you say I

746

00:30:03,500 --> 00:30:02,040

am what God is or I am God's being or

747

00:30:06,110 --> 00:30:03,510

this is God's consciousness whatever you

748

00:30:07,970 --> 00:30:06,120

want to use and you say that and you

749

00:30:10,820 --> 00:30:07,980

begin to edit you begin to wake up and

750

00:30:12,799 --> 00:30:10,830

you begin to realize that this God is in

751  
00:30:15,080 --> 00:30:12,809  
the depths of your own being waiting to

752  
00:30:17,510 --> 00:30:15,090  
be invited to flow up into your essence

753  
00:30:18,799 --> 00:30:17,520  
so as you as you do this without

754  
00:30:20,420 --> 00:30:18,809  
obstruction without saying oh I

755  
00:30:22,460 --> 00:30:20,430  
shouldn't feel this way or now I have to

756  
00:30:24,350 --> 00:30:22,470  
think about this don't don't ruin by

757  
00:30:26,330 --> 00:30:24,360  
thinking about it just let it come up

758  
00:30:29,720 --> 00:30:26,340  
and then go outside into the wilderness

759  
00:30:32,990 --> 00:30:29,730  
or into the edge of the treaty's or into

760  
00:30:34,760 --> 00:30:33,000  
a daycare program and just see what you

761  
00:30:37,760 --> 00:30:34,770  
see now from this altered state of

762  
00:30:40,549 --> 00:30:37,770  
consciousness all of this is so simple

763  
00:30:43,010 --> 00:30:40,559

we make it hard by thinking about it by

764

00:30:44,840 --> 00:30:43,020

thinking it's hard by feeling we have to

765

00:30:49,190 --> 00:30:44,850

find more experts to teach us how to do

766

00:30:52,760 --> 00:30:49,200

it yeah we've become difficult we've

767

00:30:56,030 --> 00:30:52,770

learned difficulty we've lost simplicity

768

00:30:58,370 --> 00:30:56,040

yeah yeah we were all enlightened at the

769

00:31:03,130 --> 00:30:58,380

age of four you know at three there was

770

00:31:06,320 --> 00:31:03,140

no you know a concept between my being

771

00:31:09,049 --> 00:31:06,330

totally enchanted by the world and and

772

00:31:10,760 --> 00:31:09,059

the world is being a magical place there

773

00:31:12,980 --> 00:31:10,770

was nothing changing and then through

774

00:31:15,140 --> 00:31:12,990

education of parents and peers also

775

00:31:17,840 --> 00:31:15,150

began to realize that although I'm an

776

00:31:19,549 --> 00:31:17,850

object I and I have to evaluate myself

777

00:31:20,870 --> 00:31:19,559

I'm good or a bad object and now I have

778

00:31:23,990 --> 00:31:20,880

to approve myself because they're full

779

00:31:26,840 --> 00:31:24,000

of laws and there goes the journey of

780

00:31:28,700 --> 00:31:26,850

life that we do for the next 40 or 50 60

781

00:31:30,730 --> 00:31:28,710

years trying to be good enough which is

782

00:31:34,250 --> 00:31:30,740

an entirely a made-up scripted narrative

783

00:31:36,230 --> 00:31:34,260

that strangles us you know with this

784

00:31:37,130 --> 00:31:36,240

tyranny when and then aging when all

785

00:31:38,870 --> 00:31:37,140

that falls apart

786

00:31:41,090 --> 00:31:38,880

we realize we're back to where we

787

00:31:43,160 --> 00:31:41,100

started and it was always okay it was

788

00:31:44,540 --> 00:31:43,170

always just beautiful

789

00:31:47,120 --> 00:31:44,550

let me I want to give you a really

790

00:31:49,130 --> 00:31:47,130

interesting example from this research

791

00:31:50,750 --> 00:31:49,140

I've been exploring recently that I

792

00:31:53,780 --> 00:31:50,760

there was very aware of when I was in

793

00:31:56,720 --> 00:31:53,790

graduate school in psychology there is a

794

00:31:59,600 --> 00:31:56,730

split brain research that Sperry and

795

00:32:01,820 --> 00:31:59,610

Gazzaniga did what happened was the

796

00:32:03,110 --> 00:32:01,830

people who had uncontrollable seizure

797

00:32:04,220 --> 00:32:03,120

disorders they would start to were

798

00:32:06,169 --> 00:32:04,230

inside the brain and then they would

799

00:32:07,220 --> 00:32:06,179

take over the whole brain and so when

800

00:32:08,509 --> 00:32:07,230

medications of

801  
00:32:10,759 --> 00:32:08,519  
some people nothing would help what they

802  
00:32:12,980 --> 00:32:10,769  
did was was a neurosurgery that severed

803  
00:32:14,690 --> 00:32:12,990  
the corpus callosum which is a thick

804  
00:32:17,389 --> 00:32:14,700  
band of fibers across the two

805  
00:32:19,370 --> 00:32:17,399  
hemispheres so when they did that the

806  
00:32:20,629 --> 00:32:19,380  
seizure could not migrate from one side

807  
00:32:22,789 --> 00:32:20,639  
to the other one had certain amount of

808  
00:32:24,680 --> 00:32:22,799  
practical usefulness but then they began

809  
00:32:25,610 --> 00:32:24,690  
to find some really interesting things

810  
00:32:27,440 --> 00:32:25,620  
start to happen

811  
00:32:29,180 --> 00:32:27,450  
a guy might be getting ready to go to

812  
00:32:31,009 --> 00:32:29,190  
work and he's beginning to poop his

813  
00:32:33,110 --> 00:32:31,019

pants with his right hand which is the

814

00:32:35,570 --> 00:32:33,120

left brain his left hand would push it

815

00:32:37,009 --> 00:32:35,580

away and wouldn't want to do it or he'd

816

00:32:40,129 --> 00:32:37,019

be trying to hug his wife with his right

817

00:32:41,899 --> 00:32:40,139

hand with a ten-week pushing away or the

818

00:32:43,370 --> 00:32:41,909

right so I didn't break it is that you

819

00:32:45,139 --> 00:32:43,380

have to understand how they did this but

820

00:32:47,240 --> 00:32:45,149

it's all entirely scientifically

821

00:32:49,009 --> 00:32:47,250

demonstrable either the left side of the

822

00:32:50,930 --> 00:32:49,019

brain was asked whether it believed God

823

00:32:52,549 --> 00:32:50,940

had said no the right side of the brain

824

00:32:54,889 --> 00:32:52,559

was that's whether believed God said yes

825

00:32:57,980 --> 00:32:54,899

there was a worth of example that came

826  
00:33:00,440 --> 00:32:57,990  
out with this woman this woman who had

827  
00:33:02,240 --> 00:33:00,450  
this surgery every time she began to

828  
00:33:04,850 --> 00:33:02,250  
smoke with her right hand her left hand

829  
00:33:07,039 --> 00:33:04,860  
would slap her upside the head well it

830  
00:33:09,470 --> 00:33:07,049  
turns out well so here's the example I

831  
00:33:11,930 --> 00:33:09,480  
want to share this woman named novo

832  
00:33:13,250 --> 00:33:11,940  
Taylor who is a neuroscientist you know

833  
00:33:15,500 --> 00:33:13,260  
who really understands the brain

834  
00:33:17,600 --> 00:33:15,510  
structure had a left hemisphere stroke

835  
00:33:19,519 --> 00:33:17,610  
the left hemisphere is where all the

836  
00:33:21,500 --> 00:33:19,529  
beliefs and ideas and speech and

837  
00:33:23,299 --> 00:33:21,510  
language and stuff gets stored so it

838  
00:33:26,659 --> 00:33:23,309

didn't work it couldn't override her

839

00:33:29,269 --> 00:33:26,669

system so as she began to drift into

840

00:33:31,490 --> 00:33:29,279

this new state of consciousness this is

841

00:33:33,379 --> 00:33:31,500

what she began to experience she said in

842

00:33:36,110 --> 00:33:33,389

the absence of my left hemispheres

843

00:33:38,769 --> 00:33:36,120

analytical judgment I was completely

844

00:33:42,110 --> 00:33:38,779

entranced by feelings of tranquility

845

00:33:44,509 --> 00:33:42,120

safety blessedness euphoria omniscience

846

00:33:47,659 --> 00:33:44,519

my left hemisphere had been trained to

847

00:33:49,820 --> 00:33:47,669

perceive myself as a solid separate from

848

00:33:51,289 --> 00:33:49,830

others now released from that

849

00:33:54,080 --> 00:33:51,299

restrictive circuitry my right

850

00:33:57,620 --> 00:33:54,090

hemisphere relished in its attachment to

851  
00:34:00,169 --> 00:33:57,630  
the eternal flow whereby I exist at one

852  
00:34:02,299 --> 00:34:00,179  
with the universe it is the seat of my

853  
00:34:05,120 --> 00:34:02,309  
divine mind and no other wise woman she

854  
00:34:09,530 --> 00:34:05,130  
says for all my life I really had been a

855  
00:34:12,919 --> 00:34:09,540  
figment of my own imagination okay being

856  
00:34:15,889 --> 00:34:12,929  
of life gay raiding life into the world

857  
00:34:18,440 --> 00:34:15,899  
so what I found absolutely fascinating

858  
00:34:19,849 --> 00:34:18,450  
about this is that the right hemisphere

859  
00:34:20,720 --> 00:34:19,859  
consciousness always there it just

860  
00:34:23,419 --> 00:34:20,730  
doesn't have

861  
00:34:26,210 --> 00:34:23,429  
a capacity for verbal speech so it can't

862  
00:34:27,260 --> 00:34:26,220  
interrupt a lot so mostly in the old

863  
00:34:28,639 --> 00:34:27,270

days used to be called the silent

864

00:34:31,310 --> 00:34:28,649

hemisphere because people thought

865

00:34:33,349 --> 00:34:31,320

nothing went on in there when the left

866

00:34:35,119 --> 00:34:33,359

is quieted either through meditation or

867

00:34:37,700 --> 00:34:35,129

practice spiritual practices or by

868

00:34:39,440 --> 00:34:37,710

stroke many the right hemisphere comes

869

00:34:41,750 --> 00:34:39,450

online and this new kind of

870

00:34:43,159 --> 00:34:41,760

consciousness expense Rob dodge so I'm

871

00:34:45,230 --> 00:34:43,169

sure you know how to left hemisphere

872

00:34:46,940 --> 00:34:45,240

stroke and he doesn't have very good

873

00:34:51,530 --> 00:34:46,950

speech now but he's the happiest guy I

874

00:34:53,480 --> 00:34:51,540

have ever seen it had the same thing it

875

00:34:55,629 --> 00:34:53,490

was a Catholic priest that lived for

876

00:34:58,310 --> 00:34:55,639

like 30 years in India and was really

877

00:35:00,290 --> 00:34:58,320

beautifully ensconced unaware of go all

878

00:35:01,970 --> 00:35:00,300

to all mystical traditions of both

879

00:35:05,150 --> 00:35:01,980

cultures when he had his left hemisphere

880

00:35:08,620 --> 00:35:05,160

stroke he felt as if he finally

881

00:35:11,420 --> 00:35:08,630

succeeded or transcended this this

882

00:35:13,310 --> 00:35:11,430

tyranny of the of the left patriarchal

883

00:35:14,200 --> 00:35:13,320

brain so that he could finally be one

884

00:35:17,359 --> 00:35:14,210

with the universe

885

00:35:19,849 --> 00:35:17,369

what's really interesting is this divine

886

00:35:21,800 --> 00:35:19,859

consciousness is always in us it's

887

00:35:23,660 --> 00:35:21,810

always trying to get our attention

888

00:35:26,390 --> 00:35:23,670

we just are pay attention because we're

889

00:35:28,400 --> 00:35:26,400

so caught up with our belief systems so

890

00:35:32,330 --> 00:35:28,410

the mentality so Jon how do how do how

891

00:35:33,680 --> 00:35:32,340

do we know we're being spoken to how do

892

00:35:35,390 --> 00:35:33,690

we know how do we differentiate that

893

00:35:38,120 --> 00:35:35,400

from all the bullcrap starts but just

894

00:35:40,849 --> 00:35:38,130

try to take over okay you've got to have

895

00:35:42,140 --> 00:35:40,859

no thought it's about no thought if you

896

00:35:44,060 --> 00:35:42,150

have thought then you're beat that

897

00:35:45,080 --> 00:35:44,070

you're being called into the left brain

898

00:35:46,580 --> 00:35:45,090

you can be tricked you're going to say

899

00:35:47,900 --> 00:35:46,590

am i is this really happening then

900

00:35:50,150 --> 00:35:47,910

you're going to start thinking about

901  
00:35:51,880 --> 00:35:50,160  
whether it's really happening okay what

902  
00:35:54,440 --> 00:35:51,890  
you want to do is stop thinking

903  
00:35:57,200 --> 00:35:54,450  
heightened awareness come into a pure

904  
00:36:00,440 --> 00:35:57,210  
sensory mode of consciousness and then

905  
00:36:03,349 --> 00:36:00,450  
awaken what I would call the aw response

906  
00:36:06,050 --> 00:36:03,359  
a WEP all we all know how to do all you

907  
00:36:08,120 --> 00:36:06,060  
know like like when you fall in love or

908  
00:36:12,890 --> 00:36:08,130  
when you're in enormous waterfall they

909  
00:36:14,780 --> 00:36:12,900  
go oh you know that's all so you know

910  
00:36:16,910 --> 00:36:14,790  
how to stop thinking you know how to

911  
00:36:18,170 --> 00:36:16,920  
heighten the awareness because if you

912  
00:36:20,120 --> 00:36:18,180  
were in a room at night and you heard

913  
00:36:22,270 --> 00:36:20,130

something thump in the bedroom when

914

00:36:25,130 --> 00:36:22,280

there's nobody there you'd wake right up

915

00:36:26,510 --> 00:36:25,140

and if you add it all of that you now

916

00:36:29,840 --> 00:36:26,520

have a state of consciousness that's

917

00:36:32,330 --> 00:36:29,850

free of thought in that state just pay

918

00:36:33,910 --> 00:36:32,340

attention if you start thinking about it

919

00:36:36,640 --> 00:36:33,920

you go back into the left

920

00:36:38,109 --> 00:36:36,650

just be there and let that state expand

921

00:36:40,240 --> 00:36:38,119

and pretty soon you'll notice that

922

00:36:42,849 --> 00:36:40,250

you're being lived by something else

923

00:36:46,870 --> 00:36:42,859

that's the divine self so are you saying

924

00:36:48,910 --> 00:36:46,880

that you could fake the all well I guess

925

00:36:50,890 --> 00:36:48,920

you could I mean how you fortune yeah

926  
00:36:53,349 --> 00:36:50,900  
thank God no no but you could evoke all

927  
00:36:55,420 --> 00:36:53,359  
evoke that's the word thank you you can

928  
00:36:57,849 --> 00:36:55,430  
evoke all usually by calling it oh yes

929  
00:37:00,130 --> 00:36:57,859  
oh my gosh anything you look the pic of

930  
00:37:02,980 --> 00:37:00,140  
flower look at it and begin to feel all

931  
00:37:06,370 --> 00:37:02,990  
because it is absolutely a magnificent

932  
00:37:08,530 --> 00:37:06,380  
mystery a mystical mirror so and the

933  
00:37:10,780 --> 00:37:08,540  
more you look at you you're all opens up

934  
00:37:14,260 --> 00:37:10,790  
and you begin to see that it is full of

935  
00:37:16,620 --> 00:37:14,270  
divinity always was we just we just gave

936  
00:37:21,549 --> 00:37:16,630  
it a name and went on to the next thing

937  
00:37:23,200 --> 00:37:21,559  
so allowing one's self to take in if

938  
00:37:25,450 --> 00:37:23,210

we're looking at a flower or if you're

939

00:37:28,750 --> 00:37:25,460

looking at your child whatever it is

940

00:37:31,240 --> 00:37:28,760

allowing yourself to be in that place of

941

00:37:33,190 --> 00:37:31,250

invoking all like I'm really going to

942

00:37:36,910 --> 00:37:33,200

look at this I'm really going to take it

943

00:37:38,859 --> 00:37:36,920

in fully that's that is what will pop

944

00:37:41,859 --> 00:37:38,869

you open in your awareness yes and then

945

00:37:42,849 --> 00:37:41,869

more information comes in yeah yeah

946

00:37:44,140 --> 00:37:42,859

right right

947

00:37:46,900 --> 00:37:44,150

bring that thoughts and consciousness

948

00:37:49,690 --> 00:37:46,910

into your being the being of your being

949

00:37:51,670 --> 00:37:49,700

if you physicality and as you feel the

950

00:37:53,589 --> 00:37:51,680

being of the business or third mystics

951  
00:37:55,990 --> 00:37:53,599  
all talk about you discover this sense

952  
00:37:57,940 --> 00:37:56,000  
of joy and then what you want to do you

953  
00:37:59,890 --> 00:37:57,950  
want to start loving everything because

954  
00:38:01,990 --> 00:37:59,900  
the love becomes through the whole state

955  
00:38:05,380 --> 00:38:02,000  
of being because not being being

956  
00:38:07,780 --> 00:38:05,390  
suppressed by thinking so which is not

957  
00:38:09,549 --> 00:38:07,790  
that hard to do is just we always get

958  
00:38:11,079 --> 00:38:09,559  
distracted by they say all resistor I

959  
00:38:12,789 --> 00:38:11,089  
mean I should be doing something else I

960  
00:38:14,140 --> 00:38:12,799  
mean I should read a book more you're

961  
00:38:15,700 --> 00:38:14,150  
not going to find it in books you're

962  
00:38:17,890 --> 00:38:15,710  
going to find it in this first hand

963  
00:38:21,940 --> 00:38:17,900

awakened state which you can do right

964

00:38:24,460 --> 00:38:21,950

now it's here it's brilliant

965

00:38:26,200 --> 00:38:24,470

I ate a cake eighteen eight nine one

966

00:38:28,480 --> 00:38:26,210

nine two three five five triple eight

967

00:38:29,829 --> 00:38:28,490

nine one nine two three five five s is

968

00:38:31,950 --> 00:38:29,839

your number two now if you want to speak

969

00:38:37,710 --> 00:38:31,960

to myself or my phenomenal dear friend

970

00:38:40,900 --> 00:38:37,720

yesterday John si Robertson so John I

971

00:38:42,490 --> 00:38:40,910

did receive your ebook and we can bet

972

00:38:44,349 --> 00:38:42,500

I'm gonna dive into it anything I need

973

00:38:47,380 --> 00:38:44,359

to know before I dive in it's something

974

00:38:50,849 --> 00:38:47,390

that may help me take it all in

975

00:38:53,920 --> 00:38:50,859

you know well you know you've always

976  
00:38:55,900 --> 00:38:53,930  
passionately known that you were divine

977  
00:38:58,390 --> 00:38:55,910  
you just didn't have to have words for

978  
00:39:00,670 --> 00:38:58,400  
it it was the magic of early childhood

979  
00:39:03,519 --> 00:39:00,680  
that got him that God with no goodbye

980  
00:39:05,799 --> 00:39:03,529  
beliefs about your inferiority and your

981  
00:39:07,960 --> 00:39:05,809  
flawed Ness so that it was always so

982  
00:39:09,880 --> 00:39:07,970  
this is about rediscovering it so I

983  
00:39:12,400 --> 00:39:09,890  
always knew when I was a young child I I

984  
00:39:15,039 --> 00:39:12,410  
remember the very moment where I was

985  
00:39:17,200 --> 00:39:15,049  
just I just was jumping from furniture

986  
00:39:20,380 --> 00:39:17,210  
to furniture I just felt so alive with

987  
00:39:22,180 --> 00:39:20,390  
my I notice what was going on around me

988  
00:39:23,589 --> 00:39:22,190

my older brother was being important

989

00:39:26,380 --> 00:39:23,599

that my mother was looking at them and I

990

00:39:28,319 --> 00:39:26,390

saw this I suddenly got that this was

991

00:39:31,089 --> 00:39:28,329

not enough that you had to be a

992

00:39:33,519 --> 00:39:31,099

successful object in the world

993

00:39:36,519 --> 00:39:33,529

and I remember feeling oh my god that's

994

00:39:38,670 --> 00:39:36,529

so disappointing do I really have to do

995

00:39:42,250 --> 00:39:38,680

that but it was clear that the entire

996

00:39:43,660 --> 00:39:42,260

culture you expected that of you and so

997

00:39:47,440 --> 00:39:43,670

I would encourage you when you start

998

00:39:49,329 --> 00:39:47,450

reading this book to not do that okay no

999

00:39:51,609 --> 00:39:49,339

expectations just go into this

1000

00:39:53,680 --> 00:39:51,619

experience very experiential book you'll

1001  
00:39:55,900 --> 00:39:53,690  
have them you'll hear my experience of

1002  
00:39:58,019 --> 00:39:55,910  
being a divine human and that should

1003  
00:40:01,240 --> 00:39:58,029  
evoke your experience and then these

1004  
00:40:02,529 --> 00:40:01,250  
exercises that will stir it up and just

1005  
00:40:04,960 --> 00:40:02,539  
have confidence that it's going to

1006  
00:40:09,519 --> 00:40:04,970  
happen it's already there the only

1007  
00:40:11,559 --> 00:40:09,529  
barrier is you is your belief system how

1008  
00:40:14,079 --> 00:40:11,569  
does aging bring out the experience of

1009  
00:40:17,200 --> 00:40:14,089  
the divine human in us

1010  
00:40:20,890 --> 00:40:17,210  
well some in so many different ways you

1011  
00:40:22,809 --> 00:40:20,900  
know first because we become as we get

1012  
00:40:25,089 --> 00:40:22,819  
closer to death our consciousness begins

1013  
00:40:26,740 --> 00:40:25,099

to change anyway as we age I mean

1014

00:40:29,769 --> 00:40:26,750

there's three stages of aging there's a

1015

00:40:31,240 --> 00:40:29,779

young old you know 50 60 to 70 who who

1016

00:40:32,440 --> 00:40:31,250

don't really feel old at all I think

1017

00:40:34,990 --> 00:40:32,450

they're going to conquer aging you know

1018

00:40:36,730 --> 00:40:35,000

with creams and exercise and surgeries

1019

00:40:38,380 --> 00:40:36,740

and so forth well that only works for a

1020

00:40:39,789 --> 00:40:38,390

while aging wins but that doesn't mean

1021

00:40:41,789 --> 00:40:39,799

we lose it just means we have to

1022

00:40:45,309 --> 00:40:41,799

surrender to a life transforming

1023

00:40:47,769 --> 00:40:45,319

experience and so the second stage 72

1024

00:40:49,900 --> 00:40:47,779

you know maybe the mid-80s we begin to

1025

00:40:52,990 --> 00:40:49,910

realize that we're aging and we begin

1026

00:40:55,480 --> 00:40:53,000

get intuitions if we just quiet the mind

1027

00:40:58,240 --> 00:40:55,490

we begin to get intuitions of the veil

1028

00:41:00,790 --> 00:40:58,250

becoming thinner and about the positive

1029

00:41:02,740 --> 00:41:00,800

possibility of moving beyond

1030

00:41:04,630 --> 00:41:02,750

here's where dreams coming of the dreams

1031

00:41:06,460 --> 00:41:04,640

that people who are close to death are

1032

00:41:09,430 --> 00:41:06,470

not grim and they're not terrible they

1033

00:41:11,890 --> 00:41:09,440

are dreams of new life of trees growing

1034

00:41:16,930 --> 00:41:11,900

a blossoming or I have a dream recently

1035

00:41:19,450 --> 00:41:16,940

where where I instead I'm standing in

1036

00:41:21,760 --> 00:41:19,460

our own house and my father walked out

1037

00:41:23,410 --> 00:41:21,770

from behind me I look around and I say

1038

00:41:24,880 --> 00:41:23,420

what are you doing here how could you be

1039

00:41:25,450 --> 00:41:24,890

here I mean you know what are you doing

1040

00:41:27,940 --> 00:41:25,460

here dad

1041

00:41:29,860 --> 00:41:27,950

and basically says to me I'm so happy

1042

00:41:33,160 --> 00:41:29,870

about what you're doing I came to see

1043

00:41:35,110 --> 00:41:33,170

you I wanted to tell you that Wow and he

1044

00:41:37,270 --> 00:41:35,120

gave me a hug and this is not a dream

1045

00:41:40,120 --> 00:41:37,280

ugh this is not a symbolic god this guy

1046

00:41:42,190 --> 00:41:40,130

was there I could smell him I could feel

1047

00:41:44,230 --> 00:41:42,200

um I could taste him it was so wonderful

1048

00:41:45,460 --> 00:41:44,240

to have him back with me and basically

1049

00:41:47,770 --> 00:41:45,470

he said because I've been writing a lot

1050

00:41:49,380 --> 00:41:47,780

about you know the divine world and that

1051

00:41:52,600 --> 00:41:49,390

happiness already here and he was saying

1052

00:41:55,000 --> 00:41:52,610

we I'm from the other side want to come

1053

00:41:57,040 --> 00:41:55,010

back into this world to help you the end

1054

00:41:58,990 --> 00:41:57,050

session and indigenous peoples from all

1055

00:42:01,990 --> 00:41:59,000

cultures have been saying this forever

1056

00:42:04,750 --> 00:42:02,000

that the ancestors are still involved in

1057

00:42:06,250 --> 00:42:04,760

this world you know and scientific

1058

00:42:08,500 --> 00:42:06,260

materialism we say well that's not

1059

00:42:10,810 --> 00:42:08,510

possible their dad their bone but that's

1060

00:42:12,820 --> 00:42:10,820

not true and so dreams like this and I

1061

00:42:15,400 --> 00:42:12,830

had a number of them my dead son came

1062

00:42:18,700 --> 00:42:15,410

back and gave me this hug about eight

1063

00:42:20,800 --> 00:42:18,710

years ago that that just I mean I will

1064

00:42:23,590 --> 00:42:20,810

never forget it it was so solid and so

1065

00:42:25,420 --> 00:42:23,600

real and so the more I've been aging in

1066

00:42:26,650 --> 00:42:25,430

my own process in prayer and dealing

1067

00:42:28,390 --> 00:42:26,660

more and more with these kinds of

1068

00:42:30,550 --> 00:42:28,400

connections to the other side I realized

1069

00:42:31,960 --> 00:42:30,560

it's going to be a lovely journey now

1070

00:42:34,810 --> 00:42:31,970

and then so the other thing that happens

1071

00:42:36,670 --> 00:42:34,820

as we age is we begin to I mean this

1072

00:42:38,410 --> 00:42:36,680

time runs out you can only live in the

1073

00:42:40,150 --> 00:42:38,420

present because the future is getting

1074

00:42:42,850 --> 00:42:40,160

shorter and shorter so you get more and

1075

00:42:44,740 --> 00:42:42,860

more amazed at the present moment the

1076

00:42:47,470 --> 00:42:44,750

way the sunlight plays on your

1077

00:42:49,660 --> 00:42:47,480

grandson's blonde hair for example or or

1078

00:42:51,280 --> 00:42:49,670

the smell of cookies baking and you and

1079

00:42:52,900 --> 00:42:51,290

though you may not have this experience

1080

00:42:54,940 --> 00:42:52,910

stimulating where times it just fills

1081

00:42:56,650 --> 00:42:54,950

your heart with the wonder of the world

1082

00:42:58,780 --> 00:42:56,660

and you feel such gratitude for

1083

00:43:01,390 --> 00:42:58,790

existence those are spiritual

1084

00:43:03,970 --> 00:43:01,400

experiences that happen in aging aging

1085

00:43:06,490 --> 00:43:03,980

does not have to be a grim descent into

1086

00:43:08,710 --> 00:43:06,500

suffering it's about a celebration of

1087

00:43:11,050 --> 00:43:08,720

your life and about the life force and

1088

00:43:13,240 --> 00:43:11,060

above it over about becoming what you've

1089

00:43:14,589 --> 00:43:13,250

always going to be in the first place so

1090

00:43:17,529 --> 00:43:14,599

I can go on forever but there's a lot

1091

00:43:21,219 --> 00:43:17,539

two ways aging opens opens the psyche to

1092

00:43:24,309 --> 00:43:21,229

the divine world so aging is being born

1093

00:43:26,079 --> 00:43:24,319

back to the divine yes it's a right of

1094

00:43:28,359 --> 00:43:26,089

types of passage yes

1095

00:43:30,489 --> 00:43:28,369

it's an initiation into a new state of

1096

00:43:33,309 --> 00:43:30,499

consciousness yeah I asked you that I

1097

00:43:34,809 --> 00:43:33,319

asked you this question two times in the

1098

00:43:36,460 --> 00:43:34,819

last two interviews I want to ask you

1099

00:43:38,440 --> 00:43:36,470

again because the answer is probably

1100

00:43:44,109 --> 00:43:38,450

gonna be similar but I know it's going

1101  
00:43:48,069 --> 00:43:44,119  
to be different the closer a person gets

1102  
00:43:49,630 --> 00:43:48,079  
to death we think about no any

1103  
00:43:50,829 --> 00:43:49,640  
particular age we might think about you

1104  
00:43:51,549 --> 00:43:50,839  
know we're going to die one day we're

1105  
00:43:56,009 --> 00:43:51,559  
going to die one day

1106  
00:44:01,440 --> 00:43:56,019  
and it seems to me that someone's now 75

1107  
00:44:04,989 --> 00:44:01,450  
78 80 83 that they would start to

1108  
00:44:06,819 --> 00:44:04,999  
habitually hyper focus on their women's

1109  
00:44:10,569 --> 00:44:06,829  
is today going to be today and the

1110  
00:44:15,089 --> 00:44:10,579  
question I posed to you last year in the

1111  
00:44:19,089 --> 00:44:15,099  
year before was do we have more grace

1112  
00:44:22,209 --> 00:44:19,099  
given to us to alleviate our fear of our

1113  
00:44:26,229 --> 00:44:22,219

soon-to-be passing the closer we get to

1114

00:44:28,839 --> 00:44:26,239

death you know it's up to us really

1115

00:44:31,089 --> 00:44:28,849

because if you cling to who you used to

1116

00:44:33,249 --> 00:44:31,099

be and then worry about whether that

1117

00:44:35,170 --> 00:44:33,259

person's good enough you will fret about

1118

00:44:37,479 --> 00:44:35,180

dying and it'll be and it will be a

1119

00:44:39,099 --> 00:44:37,489

worrisome experience when you stop

1120

00:44:40,900 --> 00:44:39,109

thinking and move into this other state

1121

00:44:44,259 --> 00:44:40,910

of consciousness is such a profound

1122

00:44:46,269 --> 00:44:44,269

sense of peace and comfort that he's not

1123

00:44:49,269 --> 00:44:46,279

you just know it will be okay

1124

00:44:52,150 --> 00:44:49,279

whatever happens so it really is up to

1125

00:44:54,579 --> 00:44:52,160

us to interrupt our if you've read about

1126

00:44:56,319 --> 00:44:54,589

is this the moment is this the day or

1127

00:44:58,809 --> 00:44:56,329

you could just lie down and relax and

1128

00:45:00,999 --> 00:44:58,819

say if it's time it's time it is not

1129

00:45:01,900 --> 00:45:01,009

it's not I know it's going to be fine or

1130

00:45:03,640 --> 00:45:01,910

people who have had near-death

1131

00:45:05,859 --> 00:45:03,650

experiences are not afraid of dying

1132

00:45:08,160 --> 00:45:05,869

because they've been there right right

1133

00:45:11,410 --> 00:45:08,170

and there's nothing you can do about it

1134

00:45:14,170 --> 00:45:11,420

you might as well go everybody dies

1135

00:45:16,229 --> 00:45:14,180

you know it's part of the journey and

1136

00:45:19,569 --> 00:45:16,239

may I brought my Roenick Lee the most

1137

00:45:21,729 --> 00:45:19,579

amazing transition in life is the most

1138

00:45:25,059 --> 00:45:21,739

amazing thing in life is death because

1139

00:45:27,009 --> 00:45:25,069

you know we came from there and we're

1140

00:45:28,329 --> 00:45:27,019

going back home and this is just a

1141

00:45:32,030 --> 00:45:28,339

little vacation

1142

00:45:34,040 --> 00:45:32,040

yeah yeah we became an image in the

1143

00:45:36,589 --> 00:45:34,050

world and we lived it out and like a

1144

00:45:38,420 --> 00:45:36,599

wave we returned to the oneness though

1145

00:45:40,720 --> 00:45:38,430

it's quite clear that on the other side

1146

00:45:43,160 --> 00:45:40,730

we continue in a form that is

1147

00:45:45,410 --> 00:45:43,170

identifiable as us to the extent that we

1148

00:45:48,109 --> 00:45:45,420

haven't fully overcome our identity with

1149

00:45:52,220 --> 00:45:48,119

with the with a self idea so now we have

1150

00:45:54,079 --> 00:45:52,230

a causal self that you know I can talk

1151  
00:45:55,280 --> 00:45:54,089  
to my parents on the other side and it's

1152  
00:45:57,079 --> 00:45:55,290  
really fun to hear what they're up to

1153  
00:45:58,700 --> 00:45:57,089  
you know they're going on with things

1154  
00:46:01,220 --> 00:45:58,710  
they're finding new challenges and so

1155  
00:46:03,410 --> 00:46:01,230  
forth and my grandmother to this is oh

1156  
00:46:05,300 --> 00:46:03,420  
and but one day there will be I said

1157  
00:46:07,130 --> 00:46:05,310  
there will be a time to let go of that

1158  
00:46:24,920 --> 00:46:07,140  
and that's fine you let go when you're

1159  
00:46:28,460 --> 00:46:24,930  
ready like we lost at you there we go

1160  
00:46:29,900 --> 00:46:28,470  
I have so many buttons over here I want

1161  
00:46:31,970 --> 00:46:29,910  
to ask you just for the sake of its

1162  
00:46:35,410 --> 00:46:31,980  
playing with Oh fun with a fun question

1163  
00:46:38,569 --> 00:46:35,420

that question is I wonder if we have

1164

00:46:39,890 --> 00:46:38,579

pauses conscious pauses when we get to

1165

00:46:43,700 --> 00:46:39,900

the other side or we just aware all the

1166

00:46:45,950 --> 00:46:43,710

time the other side is not far away it's

1167

00:46:48,740 --> 00:46:45,960

it overlaps with this side it's always

1168

00:46:50,210 --> 00:46:48,750

here you know so if when we stop you

1169

00:46:51,920 --> 00:46:50,220

know there's just moments when the dust

1170

00:46:53,450 --> 00:46:51,930

motes are coming in the kitchen window

1171

00:46:56,000 --> 00:46:53,460

and then the light is playing on them

1172

00:46:57,710 --> 00:46:56,010

and you're not thinking you're there you

1173

00:47:00,440 --> 00:46:57,720

know you're you're in you're in both

1174

00:47:03,170 --> 00:47:00,450

spaces and so yeah in between this

1175

00:47:05,050 --> 00:47:03,180

thought world and the sight and the in

1176

00:47:07,880 --> 00:47:05,060

fact on this world there it is

1177

00:47:09,800 --> 00:47:07,890

you cannot area so I totally agree that

1178

00:47:11,870 --> 00:47:09,810

John it's not that we left we didn't

1179

00:47:14,569 --> 00:47:11,880

lead anywhere because if we left we

1180

00:47:16,339 --> 00:47:14,579

couldn't be here what it is we have to

1181

00:47:17,420 --> 00:47:16,349

be infected we have to be connected to

1182

00:47:19,520 --> 00:47:17,430

the source of who we are

1183

00:47:22,220 --> 00:47:19,530

right there's only one thing yeah and

1184

00:47:24,500 --> 00:47:22,230

this is it I think he takes us into

1185

00:47:26,599 --> 00:47:24,510

another world of thought but it's not

1186

00:47:28,569 --> 00:47:26,609

different from the divine world it's

1187

00:47:31,099 --> 00:47:28,579

just we've created we say waited

1188

00:47:33,800 --> 00:47:31,109

segregated a cup a mental frame that we

1189

00:47:36,589 --> 00:47:33,810

live in like a playhouse and we

1190

00:47:41,810 --> 00:47:36,599

conceived it how does becoming a divine

1191

00:47:43,880 --> 00:47:41,820

human lead to sacred activism well

1192

00:47:46,030 --> 00:47:43,890

in a lot of different ways it what

1193

00:47:49,220 --> 00:47:46,040

happens is that you begin to see the

1194

00:47:51,560 --> 00:47:49,230

utterly unnecessary suffering around us

1195

00:47:54,140 --> 00:47:51,570

but people who believe their own stories

1196

00:47:55,760 --> 00:47:54,150

about their own life about what's wrong

1197

00:47:59,450 --> 00:47:55,770

with other people's lives and strove for

1198

00:48:01,280 --> 00:47:59,460

and then so you begin that you wanna and

1199

00:48:02,900 --> 00:48:01,290

and your heart is so open that you just

1200

00:48:06,170 --> 00:48:02,910

want to be present and you want to say

1201  
00:48:08,360 --> 00:48:06,180  
you know take a deep breath you know you

1202  
00:48:10,280 --> 00:48:08,370  
can you do this on a moment-to-moment

1203  
00:48:12,320 --> 00:48:10,290  
here-and-now way it's not about going

1204  
00:48:15,440 --> 00:48:12,330  
out there and saving the world it's

1205  
00:48:17,390 --> 00:48:15,450  
about loving the cashier you know and

1206  
00:48:19,730 --> 00:48:17,400  
making friends with with it and waving

1207  
00:48:22,130 --> 00:48:19,740  
at the neighbor as you as you walk by

1208  
00:48:24,290 --> 00:48:22,140  
and a babysitting for your kids as I'm

1209  
00:48:26,030 --> 00:48:24,300  
doing right now it's and then you just

1210  
00:48:28,580 --> 00:48:26,040  
open your heart in the world is a better

1211  
00:48:30,380 --> 00:48:28,590  
place that is that could be called

1212  
00:48:32,720 --> 00:48:30,390  
sacred ass activism because you're no

1213  
00:48:34,760 --> 00:48:32,730

longer distracted by purposes you're in

1214

00:48:37,910 --> 00:48:34,770

the divine present loving it just as

1215

00:48:42,350 --> 00:48:37,920

just the way it is and so when one

1216

00:48:44,930 --> 00:48:42,360

changes their own world it begins to

1217

00:48:47,510 --> 00:48:44,940

influence the collective experience to

1218

00:48:49,220 --> 00:48:47,520

be to shift along with it that's how you

1219

00:48:51,620 --> 00:48:49,230

change the world is by changing your own

1220

00:48:53,870 --> 00:48:51,630

right yeah we are all swimming in this

1221

00:48:55,820 --> 00:48:53,880

one sea of consciousness and the more

1222

00:48:58,430 --> 00:48:55,830

each of us wake up we affect everything

1223

00:48:59,990 --> 00:48:58,440

our Awakening and the love that flows

1224

00:49:03,830 --> 00:49:00,000

through it literally is vibrating the

1225

00:49:06,680 --> 00:49:03,840

whole you know web of life and out of

1226

00:49:08,840 --> 00:49:06,690

the universe and so my Awakening is not

1227

00:49:11,510 --> 00:49:08,850

just like some kind of selfish thing as

1228

00:49:13,580 --> 00:49:11,520

much as part of my gift of life that

1229

00:49:16,640 --> 00:49:13,590

that touches everything in the entire

1230

00:49:20,110 --> 00:49:16,650

cosmos that's how important we each are

1231

00:49:22,850 --> 00:49:20,120

to wake up so we are in a time of

1232

00:49:24,740 --> 00:49:22,860

collective spiritual evolution would you

1233

00:49:26,540 --> 00:49:24,750

do that absolutely yeah

1234

00:49:28,340 --> 00:49:26,550

yeah it's happening yeah and people are

1235

00:49:31,030 --> 00:49:28,350

rising up people may think that the

1236

00:49:33,680 --> 00:49:31,040

uprising that's happening in the streets

1237

00:49:36,050 --> 00:49:33,690

is a bad thing whether it's a bad thing

1238

00:49:37,400 --> 00:49:36,060

or not the fact that people are uprising

1239

00:49:39,980 --> 00:49:37,410

they had enough that things are

1240

00:49:41,870 --> 00:49:39,990

beginning the pot is being stirred so

1241

00:49:44,690 --> 00:49:41,880

the divine ladle can scoop out the magic

1242

00:49:46,340 --> 00:49:44,700

on the right right yeah but you know

1243

00:49:50,120 --> 00:49:46,350

it's so clear that when one person is

1244

00:49:51,650 --> 00:49:50,130

hurt we all feel it you know and so or

1245

00:49:53,600 --> 00:49:51,660

if you know you got to cue 2 year old

1246

00:49:55,190 --> 00:49:53,610

wandering across the freeway you don't

1247

00:49:57,050 --> 00:49:55,200

worry about yourself you run out there

1248

00:49:59,359 --> 00:49:57,060

to say that two-year-old with an

1249

00:50:01,910 --> 00:49:59,369

instincts an instinctual response to

1250

00:50:04,190 --> 00:50:01,920

human is the beingness of life that we

1251  
00:50:07,910 --> 00:50:04,200  
will have if we get out of our heads and

1252  
00:50:09,440 --> 00:50:07,920  
into this much more sense of of loving

1253  
00:50:10,940 --> 00:50:09,450  
loving and being present through the

1254  
00:50:12,560 --> 00:50:10,950  
world and and that's changing we are

1255  
00:50:14,270 --> 00:50:12,570  
much more conscious now we have much

1256  
00:50:16,579 --> 00:50:14,280  
more understanding of consciousness than

1257  
00:50:18,349 --> 00:50:16,589  
we ever had in our whole evolutions

1258  
00:50:20,060 --> 00:50:18,359  
there's a spiritual process taking place

1259  
00:50:22,970 --> 00:50:20,070  
and I think aging is part of the new

1260  
00:50:25,250 --> 00:50:22,980  
aging is itself a stage of spiritual

1261  
00:50:26,780 --> 00:50:25,260  
evolution and so the elders as they're

1262  
00:50:30,650 --> 00:50:26,790  
waking up they're giving back to the

1263  
00:50:33,349 --> 00:50:30,660

universe a cut this kind of vision of

1264

00:50:34,910 --> 00:50:33,359

what could be and they give it to their

1265

00:50:37,569 --> 00:50:34,920

grandchildren they give it to their kids

1266

00:50:40,579 --> 00:50:37,579

they just give it to the way they live

1267

00:50:41,690 --> 00:50:40,589

John I've always wanted to and in fact I

1268

00:50:43,730 --> 00:50:41,700

did this last year once your

1269

00:50:45,740 --> 00:50:43,740

convalescent home and spoke to the

1270

00:50:48,200 --> 00:50:45,750

people at the desk and asked them if I

1271

00:50:51,620 --> 00:50:48,210

could interview and let them pick their

1272

00:50:55,339 --> 00:50:51,630

obably 7 to 10 little blue-haired people

1273

00:50:57,109 --> 00:50:55,349

and and have them tell me the story of

1274

00:50:58,700 --> 00:50:57,119

their life of course I would have

1275

00:51:00,770 --> 00:50:58,710

certain questions I would ask them and

1276  
00:51:04,670 --> 00:51:00,780  
the same question be posed to all eight

1277  
00:51:06,230 --> 00:51:04,680  
or 10 of them and I still considering

1278  
00:51:09,530 --> 00:51:06,240  
doing that and I thought about it a lot

1279  
00:51:11,270 --> 00:51:09,540  
in the recent past but yeah the most one

1280  
00:51:13,819 --> 00:51:11,280  
of most important things we can do for

1281  
00:51:16,190 --> 00:51:13,829  
our older family members and others is

1282  
00:51:18,020 --> 00:51:16,200  
to ask them to tell their story because

1283  
00:51:20,300 --> 00:51:18,030  
they need to make sense out of it for

1284  
00:51:22,849 --> 00:51:20,310  
themselves so they can move on and and

1285  
00:51:25,400 --> 00:51:22,859  
they need to be validated their life was

1286  
00:51:26,780 --> 00:51:25,410  
worthwhile and it's utterly fascinating

1287  
00:51:28,309 --> 00:51:26,790  
to hear what people have lived through

1288  
00:51:30,589 --> 00:51:28,319

and what they got where they went

1289

00:51:33,470 --> 00:51:30,599

it's so validating that it's spending

1290

00:51:34,760 --> 00:51:33,480

time with older people and listening is

1291

00:51:36,829 --> 00:51:34,770

one of the greatest gifts you can give

1292

00:51:39,319 --> 00:51:36,839

and it's in as cheap that's inexpensive

1293

00:51:42,230 --> 00:51:39,329

and it's beautiful and I think probably

1294

00:51:44,660 --> 00:51:42,240

in some way that because they are

1295

00:51:46,609 --> 00:51:44,670

nearing their time here on earth in the

1296

00:51:49,069 --> 00:51:46,619

physical way that it gives them closure

1297

00:51:51,260 --> 00:51:49,079

to tell that story one last time yeah

1298

00:51:52,819 --> 00:51:51,270

and then they sense that they are giving

1299

00:51:56,750 --> 00:51:52,829

you if they want to give you something

1300

00:51:58,460 --> 00:51:56,760

of their life so so whether it's both

1301  
00:52:00,980 --> 00:51:58,470  
sided it's a shake hands deal were they

1302  
00:52:02,660 --> 00:52:00,990  
giving you the gift and you get the joy

1303  
00:52:04,910 --> 00:52:02,670  
of hearing about their life but to them

1304  
00:52:07,190 --> 00:52:04,920  
it's like you know sealing the book

1305  
00:52:07,950 --> 00:52:07,200  
closing the book senior deal and that's

1306  
00:52:10,200 --> 00:52:07,960  
a task

1307  
00:52:12,540 --> 00:52:10,210  
have what is our legacy and our legacy

1308  
00:52:14,430 --> 00:52:12,550  
is how we've lived our life you know and

1309  
00:52:18,180 --> 00:52:14,440  
so writing letters to our kids and

1310  
00:52:19,560 --> 00:52:18,190  
grandchildren or speaking into a tape

1311  
00:52:21,690 --> 00:52:19,570  
recorder and telling the story of our

1312  
00:52:24,420 --> 00:52:21,700  
life or teaching our grandkids how to

1313  
00:52:26,550 --> 00:52:24,430

fish this is our legacy and it's

1314

00:52:28,380 --> 00:52:26,560

priceless it's precious how many of us

1315

00:52:31,620 --> 00:52:28,390

wish that our parents that told us more

1316

00:52:34,320 --> 00:52:31,630

about their lives so you know do it I

1317

00:52:36,000 --> 00:52:34,330

would encourage everybody to do it the

1318

00:52:37,890 --> 00:52:36,010

conscious aging movement which is really

1319

00:52:40,530 --> 00:52:37,900

worth everybody getting involved with

1320

00:52:42,360 --> 00:52:40,540

will help you approach aging from an

1321

00:52:45,090 --> 00:52:42,370

entirely new perspective one without

1322

00:52:47,220 --> 00:52:45,100

fear one with so many people doing this

1323

00:52:51,240 --> 00:52:47,230

were coming alive as older people it's

1324

00:52:52,470 --> 00:52:51,250

grand I love it young we are slowly but

1325

00:52:55,530 --> 00:52:52,480

surely coming to the top of the hour

1326

00:52:57,300 --> 00:52:55,540

would you give me your listen to

1327

00:52:58,980 --> 00:52:57,310

listening on in to your address and how

1328

00:53:00,690 --> 00:52:58,990

they could find more about you and your

1329

00:53:06,180 --> 00:53:00,700

awesome works that you're involved with

1330

00:53:10,890 --> 00:53:06,190

sir yes please come see me I'm at wwg on

1331

00:53:14,100 --> 00:53:10,900

Robinson org so it's Jo HN our OB i n s

1332

00:53:16,560 --> 00:53:14,110

o an org and you or just look that up on

1333

00:53:18,300 --> 00:53:16,570

it on internet and my name and organ

1334

00:53:19,980 --> 00:53:18,310

you'll find me in and and leave me a

1335

00:53:21,510 --> 00:53:19,990

message I got emailed thing there and I

1336

00:53:27,180 --> 00:53:21,520

love to hear for people and I'll answer

1337

00:53:29,220 --> 00:53:27,190

it John give me a final thought we are

1338

00:53:30,960 --> 00:53:29,230

maybe about what's happening and if

1339

00:53:32,910 --> 00:53:30,970

anything that you think that we can take

1340

00:53:34,590 --> 00:53:32,920

with us after this interview and begin

1341

00:53:36,900 --> 00:53:34,600

to implement it in our life so we can

1342

00:53:39,720 --> 00:53:36,910

become that divine human at least a

1343

00:53:43,910 --> 00:53:39,730

little more of it you know it's always

1344

00:53:46,500 --> 00:53:43,920

and forever about love is always about

1345

00:53:47,700 --> 00:53:46,510

moving out of the mind which tells us

1346

00:53:48,960 --> 00:53:47,710

what everything is wrong and

1347

00:53:51,300 --> 00:53:48,970

everything's full of fear and moving

1348

00:53:54,510 --> 00:53:51,310

instead into everything is already

1349

00:53:56,460 --> 00:53:54,520

perfect it's divine and if you will open

1350

00:53:58,440 --> 00:53:56,470

your heart you'll discover that there's

1351  
00:54:06,180 --> 00:53:58,450  
very few things that truly need fixing

1352  
00:54:11,340 --> 00:54:06,190  
there's this everything needs loving let

1353  
00:54:15,120 --> 00:54:11,350  
me ask you what is love because most

1354  
00:54:18,360 --> 00:54:15,130  
people haven't they don't have a true

1355  
00:54:20,370 --> 00:54:18,370  
grasp on the meaning of what you're

1356  
00:54:21,750 --> 00:54:20,380  
speaking about love they think it has to

1357  
00:54:24,060 --> 00:54:21,760  
do with the relationship

1358  
00:54:26,850 --> 00:54:24,070  
what this about give me your definition

1359  
00:54:28,580 --> 00:54:26,860  
of love sir see that's the one that's a

1360  
00:54:32,520 --> 00:54:28,590  
wonderful wonderful question

1361  
00:54:34,530 --> 00:54:32,530  
love is a state of being you know it's

1362  
00:54:37,230 --> 00:54:34,540  
not it's not like falling in love so

1363  
00:54:40,140 --> 00:54:37,240

much and it's not like it's like when

1364

00:54:42,330 --> 00:54:40,150

you are one with your own being the love

1365

00:54:45,060 --> 00:54:42,340

is just their love runs the universe the

1366

00:54:49,710 --> 00:54:45,070

consciousness and love are two names for

1367

00:54:53,790 --> 00:54:49,720

the same energy that is everything so as

1368

00:54:56,550 --> 00:54:53,800

we begin to as we learn how to merged

1369

00:54:58,950 --> 00:54:56,560

with that state of oneness but at what

1370

00:55:00,630 --> 00:54:58,960

we find there is the love and I'm sure

1371

00:55:02,880 --> 00:55:00,640

it's ineffable and I'm not sure you can

1372

00:55:04,770 --> 00:55:02,890

reduce it to anything else it just is

1373

00:55:06,990 --> 00:55:04,780

and that is what we are we're made of

1374

00:55:09,960 --> 00:55:07,000

love and you'll never be happier than

1375

00:55:12,510 --> 00:55:09,970

when you're loving that guy you know I

1376

00:55:14,970 --> 00:55:12,520

totally agree there's some aspects of

1377

00:55:19,650 --> 00:55:14,980

love to me one of the biggest aspects of

1378

00:55:21,150 --> 00:55:19,660

love is allowing allowing leaving

1379

00:55:24,390 --> 00:55:21,160

fitting that your love is I have no

1380

00:55:27,720 --> 00:55:24,400

agenda to manipulate it I accept allow

1381

00:55:29,520 --> 00:55:27,730

and appreciate it as it is that to me is

1382

00:55:33,900 --> 00:55:29,530

love well that's the attribute of

1383

00:55:36,900 --> 00:55:33,910

creator created doesn't fix he admires

1384

00:55:40,050 --> 00:55:36,910

his creation and so forth all these in E

1385

00:55:44,160 --> 00:55:40,060

allows us to be as we are you know

1386

00:55:46,350 --> 00:55:44,170

faulty or not yeah the love is in loving

1387

00:55:48,090 --> 00:55:46,360

there's absolutely no judgment ever you

1388

00:55:53,790 --> 00:55:48,100

see everything is infinitely beautiful

1389

00:55:55,020 --> 00:55:53,800

so I use this is enough you're not the

1390

00:55:58,590 --> 00:55:55,030

more you see in the state the more

1391

00:55:59,670 --> 00:55:58,600

people's faces begin to glow hey you are

1392

00:56:03,330 --> 00:55:59,680

so beautiful

1393

00:56:04,890 --> 00:56:03,340

I don't think is always being uh just a

1394

00:56:07,260 --> 00:56:04,900

great guest here instead of light video

1395

00:56:09,510 --> 00:56:07,270

I love it man I appreciate your presence

1396

00:56:11,310 --> 00:56:09,520

every time you come always a pleasure to

1397

00:56:12,960 --> 00:56:11,320

be with you keep is a great joy thank

1398

00:56:14,700 --> 00:56:12,970

you for what you do

1399

00:56:16,110 --> 00:56:14,710

thank you sir listen you can you got my

1400

00:56:18,180 --> 00:56:16,120

phone number now you can contact me just

1401  
00:56:21,630 --> 00:56:18,190  
to say hi and we'll have to wait at once

1402  
00:56:23,550 --> 00:56:21,640  
a year to have a dialogue we'll do them

1403  
00:56:26,070 --> 00:56:23,560  
on mid self let me know okay I'm looking

1404  
00:56:29,730 --> 00:56:26,080  
I like hang out yeah yeah that'd be

1405  
00:56:31,860 --> 00:56:29,740  
great fun peace to you sir thank you and

1406  
00:56:33,870 --> 00:56:31,870  
everyone mr. John Steve Robertson you

1407  
00:56:34,830 --> 00:56:33,880  
can find him at John Robertson org I

1408  
00:56:38,640 --> 00:56:34,840  
think that's correct

1409  
00:56:42,500 --> 00:56:38,650  
listen to this guy's next week can you

1410  
00:56:48,750 --> 00:56:42,510  
imagine a lifestyle without eating food

1411  
00:56:50,670 --> 00:56:48,760  
ever ever eating food again ever

1412  
00:56:52,530 --> 00:56:50,680  
it's called breatharianism my guess

1413  
00:56:54,210 --> 00:56:52,540

Daryll bran is going to be here he's

1414

00:56:54,810 --> 00:56:54,220

been practicing breatharianism for nine

1415

00:56:57,300 --> 00:56:54,820

years

1416

00:56:58,800 --> 00:56:57,310

in fact if I'm not mistaken you don't

1417

00:57:00,450 --> 00:56:58,810

have to have water either penis are you

1418

00:57:02,730 --> 00:57:00,460

going to die well if you think about it

1419

00:57:04,560 --> 00:57:02,740

from this approach that the sunlight

1420

00:57:06,270 --> 00:57:04,570

grows the grafts at the cows eat and if

1421

00:57:09,180 --> 00:57:06,280

you're vegetarian you eat vegetables

1422

00:57:11,670 --> 00:57:09,190

that have it's in view with sunlight now

1423

00:57:13,590 --> 00:57:11,680

or either if you meet either same thing

1424

00:57:16,140 --> 00:57:13,600

why not get it directly from the source

1425

00:57:19,620 --> 00:57:16,150

you get the quote middleman or the

1426

00:57:20,910 --> 00:57:19,630

mineral component out of the way you get

1427

00:57:23,490 --> 00:57:20,920

it directly from the source it's called

1428

00:57:26,130 --> 00:57:23,500

Sun gazing as well but you don't do this

1429

00:57:29,070 --> 00:57:26,140

in ignorance you don't there is a

1430

00:57:31,020 --> 00:57:29,080

practice that is safe to do and through

1431

00:57:32,730 --> 00:57:31,030

this Sun gazing you are taking in light

1432

00:57:34,650 --> 00:57:32,740

people say we keep don't you burn up

1433

00:57:36,300 --> 00:57:34,660

your retinas well that's why you have to

1434

00:57:38,940 --> 00:57:36,310

go to people who know exactly how to use

1435

00:57:40,980 --> 00:57:38,950

this practice and be taught people who

1436

00:57:42,060 --> 00:57:40,990

are responsible like Daryl brain he's

1437

00:57:43,380 --> 00:57:42,070

going to use a check it out it's

1438

00:57:45,960 --> 00:57:43,390

lifestyle without food called

1439

00:57:48,960 --> 00:57:45,970

breatharianism I've extracted about it

1440

00:57:51,060 --> 00:57:48,970

this interview also september swansea

1441

00:57:53,550 --> 00:57:51,070

Viswa yogi denied realise man from India

1442

00:57:56,310 --> 00:57:53,560

this man right here is going to be in

1443

00:57:59,610 --> 00:57:56,320

centre of light radio he is the first

1444

00:58:01,320 --> 00:57:59,620

quote Texas in the context it's meant

1445

00:58:03,060 --> 00:58:01,330

even though John and I shows about we

1446

00:58:05,220 --> 00:58:03,070

had the divine human the first God

1447

00:58:07,530 --> 00:58:05,230

energy to ever walk on this earth this

1448

00:58:10,680 --> 00:58:07,540

is his ninth incarnation

1449

00:58:13,320 --> 00:58:10,690

also Memphis metaphysical fair is going

1450

00:58:16,110 --> 00:58:13,330

to happen on August 5th and 6th August 6

1451

00:58:18,540 --> 00:58:16,120

from 3:30 to 5:30 I will be doing an

1452

00:58:20,370 --> 00:58:18,550

interview an interview well I've been

1453

00:58:21,870 --> 00:58:20,380

working 13 days in a row sometimes twice

1454

00:58:23,540 --> 00:58:21,880

a day I need a break I'm going to be

1455

00:58:25,740 --> 00:58:23,550

doing a presentation there on radical

1456

00:58:27,270 --> 00:58:25,750

transformation I'm going to open you up

1457

00:58:28,800 --> 00:58:27,280

on the spot and then I'm going to

1458

00:58:30,510 --> 00:58:28,810

empower you with some tools that's going

1459

00:58:32,220 --> 00:58:30,520

to keep you open and then even the same

1460

00:58:33,720 --> 00:58:32,230

the English god oh my god Keith what did

1461

00:58:35,190 --> 00:58:33,730

you do to me I must say that's exactly

1462

00:58:37,620 --> 00:58:35,200

what I did to you and you're going to

1463

00:58:40,050 --> 00:58:37,630

expand like John was so finally talking

1464

00:58:41,460 --> 00:58:40,060

about the awareness factor that we

1465

00:58:43,500 --> 00:58:41,470

talked about a sinner of light radio

1466

00:58:46,890 --> 00:58:43,510

speaking of center of light radio every

1467

00:58:48,010 --> 00:58:46,900

Monday night 6 p.m. Eastern Time you can

1468

00:58:50,260 --> 00:58:48,020

finally sit in this chair

1469

00:58:53,020 --> 00:58:50,270

conducting all the affairs of the heart

1470

00:58:55,660 --> 00:58:53,030

it's about that place right there as a

1471

00:58:56,920 --> 00:58:55,670

Stargate pop that thing open watch what

1472

00:58:58,450 --> 00:58:56,930

happens do you like you do that my

1473

00:59:00,220 --> 00:58:58,460

meditation every night before you go to

1474

00:59:02,890 --> 00:59:00,230

bed that's you only window to meditate

1475

00:59:04,960 --> 00:59:02,900

meditate yourself asleep you'll find

1476

00:59:07,540 --> 00:59:04,970

yourself in that deafening profound

1477

00:59:09,630 --> 00:59:07,550

silence that we shave miles off of your

1478

00:59:11,950 --> 00:59:09,640

journey to become the divine image

1479

00:59:14,140 --> 00:59:11,960

that's a gate there is no other gig

1480

00:59:58,720 --> 00:59:14,150

peace love a liking I'll see you soon

1481

00:59:58,730 --> 01:00:03,870

[Music]